



# GRAFTON

INTEGRATED HEALTH NETWORK

## Specialized Therapeutic Group Homes



# SPECIALIZED THERAPEUTIC GROUP HOMES

In its specialized therapeutic group homes, Grafton supports children and adolescents — including those with Autism, intellectual disabilities, and co-occurring behavioral and mental health concerns needs — who cannot safely be served in less intensive community settings.

Children and adolescents in the program may exhibit one or more of the following behavioral concerns:

- Aggression;
- Elopement;
- Property destruction;
- Severe impulse control disorders; and
- Self-injurious behaviors

There is no required or cut-off IQ score for admission, rather it is based on the presenting behavioral and functional levels and needs and the appropriateness of fit with our program and services.

*“From the moment he walked through the doors, Grafton staff treated him like he had no issues. There was no protective gear worn by staff and staff was not defensive with him. I think that made a huge difference with him.”*

— Mother of Group Home Resident

# How We Help

Children and adolescents residing in Grafton's specialized therapeutic group homes learn the adaptive, functional skills and prosocial behaviors necessary to increase autonomy, improve self-regulation skills, and develop positive social interactions. Our services focus on helping individuals achieve improved life skills such as communication, daily living, money management, home maintenance, food preparation, personal hygiene, socialization, leisure, and community safety.

In addition to residential support and private day schools, the following Grafton services may be provided based on an individual's needs:

- Applied Behavior Analysis;
- Individual therapy;
- Family therapy;
- Speech and language therapy;
- Occupational therapy;
- Behavior self-management; and
- Medical and nursing support.

We believe it is very important for individuals to develop natural connections within their communities, so we work closely with local resources to integrate our services and facilitate social connections. In so doing, we are able to identify vocational learning opportunities as well as recreational and leisure activities for children and adolescents residing in Grafton's specialized therapeutic group homes.



## Our Approach

Grafton is person-centered, trauma-informed and data-driven, with each plan of care as unique as the individual it serves. Our holistic approach involves an assessment not only of an individual's unique presentation and needs, but also those of the family and community, all of which may be developed and strengthened to permit a successful transition upon discharge.

Our philosophy is one of comfort versus control, helping clients thrive in the least restrictive environment consistent with achieving the best outcome. We create a supportive, caregiving environment sensitive to clients' past experiences of violence and victimization.

Well over a decade ago, Grafton implemented an organization-wide initiative to minimize and, where possible, eliminate the use of coercive techniques such as restraint and seclusion. Today, not only have we achieved a 99.8% reduction in the use of restraint and 100% reduction in the use of seclusion, we have dramatically reduced the number of injuries to clients and staff. Through our Ukeru Systems division ([www.ukerusystems.com](http://www.ukerusystems.com)) — currently used in 20 states and more than 70 private day and residential programs, private and public schools, psychiatric hospitals and forensic units — Grafton now shares this expertise with other organizations.



# PROVEN SUCCESS

Our treatment teams are dedicated to teaching new skills that give our youth the outcomes they deserve, in as short a time period as possible. Grafton has successfully implemented a formal goal mastery initiative that seeks to assure objectives established for each individual are clearly defined, meaningful, and measurable. Data for each goal are graphed with formal systems in place for review. Changes are made, as the need indicates, to treatment and instructional strategies. Since this Goal Mastery initiative was implemented, Grafton has consistently exceeded its target goal rate of 80%.



# Recognition

Grafton's minimization of restraints initiative has been recognized by:



# Accreditation

Grafton's specialized therapeutic group homes are accredited by:



Grafton Programs Awarded  
Three-Year Accreditation



# Licensing

Grafton's specialized therapeutic group homes are licensed by:



# Membership



For more information on Grafton's specialized therapeutic group homes, located in both Winchester and Richmond, VA

## Contact:

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