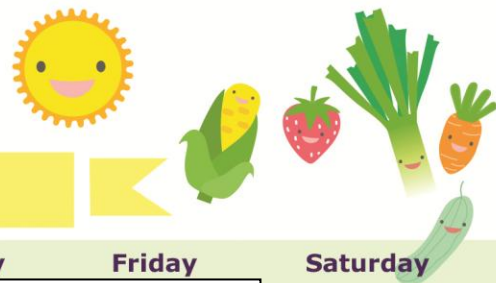




# December

## Berryville – Lunch Menu



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

NOTES

- Students may choose between the main entrée or an alternate. (deli sandwich or peanut butter and jelly sandwich)
- A choice of milk will be offered at each meal service. (1% , Skim milk, or Fat Free Chocolate Milk)
- Fresh Fruit is offered at every meal.

1

**Chicken Fried Steak**  
Roasted Potatoes  
Roasted Vegetables  
Salad Bar w/Eggs

2

**Italian Supreme Panini**  
Sweet Potato Fries  
Sliced Pears  
Salad Bar w/Eggs

3

**Spaghetti & Meatballs**  
Zucchini Squash  
Breadstick  
Applesauce  
Salad Bar w/Eggs

4

**Beef Fajitas**  
Roasted Vegetables  
Corn  
Salad Bar w/Tuna

5

**Chicken Patties On Bun**  
Mashed Potatoes  
Roasted Carrots  
Garden Bar

6

**Baked Tilapia**  
Brown Rice  
Garlic Pepper  
Broccoli  
Garden Bar  
Oatmeal Raisin  
Cookie

7

**Taco Salad**  
Honey Cornbread  
Muffin  
Refried Beans  
Brown Rice  
Shredded Cheese  
Salad Bar w/Cottage  
Cheese

8

**Stromboli**  
Carrot & Celery  
Sticks  
Cauliflower Potato  
Salad  
Salad Bar w/Tuna  
Nutrigrain Bar

9

**Fish Sandwich**  
Macaroni & Cheese  
Stewed Tomatoes  
Salad Bar  
w/Cottage Cheese

10

**Chicken Nuggets**  
French Fries  
Sautéed Green Beans  
Salad Bar w/Cottage  
Cheese

11

**Chili**  
Cauliflower Poppers  
Honey Cornbread  
Whole Grain  
Crackers  
Salad Bar w/Tuna

12

**Baked Ziti**  
Roasted Brussels  
Sprouts  
Applesauce  
Breadstick  
Garden Bar

13

**Pork BBQ On Bun**  
Purple Bacon Slaw  
Potato Wedges  
Garden Bar

14

**Chicken Salad Sandwich**  
French Fries  
Crackers  
Salad Bar w/Eggs

15

**Pot Roast w/Potatoes & Carrots**  
Green Beans  
Roll  
Salad Bar w/Chicken  
Strips

16

**Ranch Style Pork Chops**  
Sweet Potato  
Roll  
Crackers  
Salad Bar w/Chicken  
Strips

17

**BBQ Chicken Breast**  
Creamed Corn  
Rice Pilaf  
Roll  
Salad Bar  
w/Cottage Cheese

18

**Hot Dog**  
Cole Slaw  
Potato Wedges  
Salad Bar w/Tuna  
Oatmeal Raisin  
Cookies

19

**Boxed Lunches In Class**  
Turkey & Swiss  
(On Hoagie Roll)  
Carrot & Celery Sticks  
Bananas

20

**Herbed Turkey Breast**  
Broccoli  
Brown Rice  
Crackers  
Salad Bar w/Eggs

21

**Cheeseburger**  
Pizza Green Beans  
Pears  
Crackers  
Salad Bar w/Eggs

22

**Chicken Buffalo Flatbread**  
Tropical Fruit  
Roasted Vegetables  
Garden Bar

23

**Chicken Patties On Bun**  
Spring Vegetable  
Blend  
Salad Bar w/Tuna

24

**Swedish Meatballs**  
Egg Noodles  
Roll  
Carrots  
Crackers  
Salad Bar w/Cottage  
Cheese

25

**Merry Christmas!!**

26

**Chicken Alfredo**  
Broccoli  
Breadstick  
Salad Bar w/Eggs  
Brownies

27

**WW Spaghetti w/Spicy Turkey Meat Sauce**  
Sautéed Green  
Beans  
Breadstick  
Salad Bar  
w/Cottage Cheese

28

**Pork Loin**  
Mashed Potatoes  
Green Beans  
Roll  
Side Salad  
w/Dressing

29

**Lasagna**  
Roasted Vegetables  
Breadstick  
Applesauce  
Side Salad  
w/Dressing