



December



Winchester Schools & Group Home Lunch Menu

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

NOTES

- Students may choose between the main entrée or an alternate. (deli sandwich or peanut butter and jelly sandwich)
- A choice of milk will be offered at each meal service. (1% , Skim milk, or Fat Free Chocolate Milk)
- Fresh Fruit is offered at every meal.

1

Chicken Fried Steak

Roasted Potatoes
Roasted Vegetables
Salad Bar w/Eggs

2

Italian Supreme Panini

Sweet Potato Fries
Sliced Pears
Salad Bar w/Eggs

3

Spaghetti & Meatballs

Zucchini Squash
Breadstick
Applesauce
Salad Bar w/Eggs

4

Beef Fajitas

Roasted Vegetables
Corn
Salad Bar w/Tuna

5

Chicken Patties On Bun

Mashed Potatoes
Roasted Carrots
Garden Bar

6

Baked Tilapia

Brown Rice
Garlic Pepper
Broccoli
Garden Bar
Oatmeal Raisin
Cookie

7

Taco Salad

Honey Cornbread
Muffin
Refried Beans
Brown Rice
Shredded Cheese
Salad Bar w/Cottage
Cheese

8

Stromboli

Carrot & Celery
Sticks
Cauliflower Potato
Salad
Salad Bar w/Tuna
Nutrigrain Bar

9

Fish Sandwich

Macaroni & Cheese
Stewed Tomatoes
Salad Bar
w/Cottage Cheese

10

Chicken Nuggets

French Fries
Sautéed Green Beans
Salad Bar w/Cottage
Cheese

11

Chili

Cauliflower Poppers
Honey Cornbread
Whole Grain
Crackers
Salad Bar w/Tuna

12

Baked Ziti

Roasted Brussels
Sprouts
Applesauce
Breadstick
Garden Bar

13

Pork BBQ On Bun

Purple Bacon Slaw
Potato Wedges
Garden Bar

14

Chicken Salad Sandwich

French Fries
Crackers
Salad Bar w/Eggs

15

Hawaiian Chicken Wrap

WW Pasta Salad
Tropical Fruit
Cucumber Salad

16

Ranch Style Pork Chops

Sweet Potato
Roll
Crackers
Salad Bar w/Chicken
Strips

17

BBQ Chicken Breast

Creamed Corn
Rice Pilaf
Roll
Salad Bar
w/Cottage Cheese

18

Hot Dog

Cole Slaw
Potato Wedges
Salad Bar w/Tuna
Oatmeal Raisin
Cookies

19

Boxed Lunches In Class

Turkey & Swiss
(On Hoagie Roll)
Carrot & Celery Sticks
Bananas

20

Herbed Turkey Breast

Broccoli
Brown Rice
Crackers
Salad Bar w/Eggs

21

No School Today Cheeseburger

Pizza Green Beans
Pears
Crackers
Salad Bar w/Eggs

22

Chicken Buffalo Flatbread

Tropical Fruit
Roasted Vegetables
Garden Bar

23

Chicken Patties On Bun

Spring Vegetable
Blend
Salad Bar w/Tuna

24

No School Today Swedish Meatballs

Egg Noodles
Roll
Carrots
Crackers
Salad Bar w/Cottage
Cheese

25

No School Today Fish Sandwich

Baked Beans
Corn
Fresh Fruit
Side Salad

26

No School Today Chicken Alfredo

Broccoli
Breadstick
Salad Bar w/Eggs
Brownies

27

No School Today WW Spaghetti w/Spicy Turkey Meat Sauce

Sautéed Green
Beans
Breadstick
Salad Bar
w/Cottage Cheese

28

No School Today Pork Loin

Mashed Potatoes
Green Beans
Roll
Side Salad
w/Dressing

29

Philly Cheesesteak Sandwich

Red Pepper Strips
Tater Tots
Fresh Fruit