

# April 2019



# Metz

CULINARY MANAGEMENT

# Grafton, All Student Lunch

## Lunch

Students may choose one main entree or a second entree if entitled to a second meal.

Alternative menus for special dietary needs are available.

Fresh fruit is available all day.

Fat free, 1% white, and fat-free chocolate milk available.

(R) = Richmond Region  
(W/B) = Winchester & Berryville Region

If you have special requests or concerns, please ask your server or see contact information below.

Laura Grace  
540-955-2400 x7260

Brian Lowder  
540-955-2400 x7360

USDA is an equal opportunity provider and employer.  
Menu items are subject to change without notice.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>31</b> <b>Lunch:</b> Chicken Noodle Soup Turkey BLT PB&J with String Cheese Whole Grain Crackers  Salad Bar Choice of Milk	<b>1</b> (R) - No School <b>Lunch:</b> Chicken Nuggets Turkey & Cheese Sandwich PB&J with String Cheese Macaroni & Cheese Broccoli  Salad Bar Choice of Milk	<b>2</b> (R) - No School <b>Lunch:</b> Beef Taco Turkey & Cheese Sandwich PB&J with String Cheese Refried Beans Spanish Rice Fresh Tomato Salsa  Salad Bar Choice of Milk	<b>3</b> (R) - No School <b>Lunch:</b> Herbed Chicken Breast Ham Wrap PB&J with String Cheese Mashed Potatoes & Gravy Roasted Roots Roll  Salad Bar Choice of Milk	<b>4</b> (R) - No School <b>Lunch:</b> Chicken Nachos Turkey & Cheese Sandwich PB&J with String Cheese Corn Honey Cornbread Muffin Apple Crisp  Salad Bar Choice of Milk	<b>5</b> (R) - No School <b>Lunch:</b> Baked Ham Fajita Chicken Wrap PB&J with String Cheese Mashed Sweet Potatoes Peas Breadstick Whole Fresh Fruit Salad Bar Choice of Milk	<b>6</b> <b>Lunch:</b> Chicken Tenders Turkey & Cheese Sandwich PB&J with String Cheese Potato Wedges Egg Noodles Applesauce Whole Fresh Fruit  Salad Bar Choice of Milk
<b>7</b> <b>Lunch:</b> Chicken Bowl Turkey & Cheese Sandwich PB&J with String Cheese Sweet Potato Fries Sliced Pears  Whole Fresh Fruit  Salad Bar Choice of Milk	<b>8</b> <b>Lunch:</b> Pasta & Meatballs Turkey Pesto Sandwich PB&J with String Cheese Breadstick Zucchini Squash Applesauce Whole Fresh Fruit  Salad Bar Choice of Milk	<b>9</b> <b>Lunch:</b> Beef Fajitas Turkey & Cheese Sandwich PB&J with String Cheese Corn Cauliflower Peaches Whole Fresh Fruit  Salad Bar Choice of Milk	<b>10</b> <b>Lunch:</b> Chicken Patty Sandwich Ham Wrap PB&J with String Cheese Mashed Potatoes Roasted Carrots Sliced Pears Whole Fresh Fruit  Salad Bar Choice of Milk	<b>11</b> <b>Lunch:</b> Baked Tilapia Turkey & Cheese Sandwich PB&J with String Cheese Rice Pilaf Garlic Roasted Broccoli Potato Wedges Applesauce Whole Fresh Fruit Salad Bar Choice of Milk	<b>12</b> <b>Lunch:</b> Taco Salad Chicken Fajita Wrap PB&J with String Cheese Refried Beans Corn Sliced Pears Whole Fresh Fruit  Salad Bar Choice of Milk	<b>13</b> <b>Lunch:</b> Chicken Nuggets Turkey & Cheese Sandwich PB&J with String Cheese Roasted Potatoes Carrots Roll Sliced Pears Whole Fresh Fruit Salad Bar Choice of Milk
<b>14</b> <b>Lunch:</b> Fish Sandwich Turkey & Cheese Sandwich PB&J with String Cheese Garlic Roasted Broccoli French Fries Tartar Sauce Whole Fresh Fruit  Salad Bar Choice of Milk	<b>15</b> <b>Lunch:</b> Chicken Fajitas Turkey Pesto Sandwich PB&J with String Cheese Rice Pilaf Creamed Corn Baked Beans Whole Fresh Fruit  Salad Bar Choice of Milk	<b>16</b> <b>Lunch:</b> Chili Turkey & Cheese Sandwich PB&J with String Cheese Roasted Asparagus Corn Roll Crackers Whole Fresh Fruit Salad Bar Choice of Milk	<b>17</b> Early Dismissal <b>Lunch:</b> Pasta & Meatballs Ham Wrap PB&J with String Cheese Roasted Brussels Sprouts Carrots Applesauce Whole Fresh Fruit Salad Bar Choice of Milk	<b>18</b> <b>Lunch:</b> BBQ Pork Sandwich Turkey & Cheese Sandwich PB&J with String Cheese Southwest Cole Slaw Potato Wedges Sliced Pears  Whole Fresh Fruit Salad Bar Choice of Milk	<b>19</b> (W/B) No School <b>Lunch:</b> Chicken Salad Sandwich Chicken Fajita Wrap PB&J with String Cheese French Fries Spring Vegetable Blend  Whole Fresh Fruit Salad Bar Choice of Milk	<b>20</b> <b>Lunch:</b> Glazed Baked Ham Turkey & Cheese Sandwich PB&J with String Cheese Green Beans Mashed Yams Roll Whole Fresh Fruit  Salad Bar Choice of Milk
<b>21</b> <b>Lunch:</b> Pork Chops Turkey & Cheese Sandwich PB&J with String Cheese Mashed Potatoes & Gravy Cheesy Green Beans Roll  Whole Fresh Fruit  Salad Bar Choice of Milk	<b>22</b> (W/B) No School <b>Lunch:</b> BBQ Chicken Breast Turkey Pesto Sandwich PB&J with String Cheese Baked Beans Rice Pilaf Creamed Corn Whole Fresh Fruit  Salad Bar Choice of Milk	<b>23</b> (W/B) No School <b>Lunch:</b> Hot Dog Turkey & Cheese Sandwich PB&J with String Cheese Cucumber Salad Potato Wedges  Whole Fresh Fruit  Salad Bar Choice of Milk	<b>24</b> (W/B) No School <b>Lunch:</b> Balsamic Chicken Breast Ham Wrap PB&J with String Cheese Brown Rice Cabbage Sauté Carrots Whole Fresh Fruit  Salad Bar Choice of Milk	<b>25</b> (W/B) No School <b>Lunch:</b> Pork Loin Turkey & Cheese Sandwich PB&J with String Cheese Broccoli Mashed Potatoes Roll Applesauce Whole Fresh Fruit Salad Bar Choice of Milk	<b>26</b> (W/B) No School <b>Lunch:</b> Cheeseburger Chicken Fajita Wrap PB&J with String Cheese Green Beans French Fries Sliced Pears Whole Fresh Fruit  Salad Bar Choice of Milk	<b>27</b> <b>Lunch:</b> Chicken Buffalo Flatbread Turkey & Cheese Sandwich PB&J with String Cheese Peaches Carrot Sticks Cauliflower  Whole fresh Fruit  Salad Bar Choice of Milk
<b>28</b> <b>Lunch:</b> Chicken Patty Sandwich Turkey & Cheese Sandwich PB&J with String Cheese Spring Vegetable Blend Sliced Pears Peaches  Salad Bar Choice of Milk	<b>29</b> <b>Lunch:</b> Swedish Meatballs Egg Noodles Turkey Pesto Sandwich PB&J with String Cheese Carrots Roll Whole Fresh Fruit  Salad Bar Choice of Milk	<b>30</b> <b>Lunch:</b> Fish Sandwich Turkey & Cheese Sandwich PB&J with String Cheese Tartar Sauce Baked Beans Corn Whole Fresh Fruit  Salad Bar Choice of Milk				