

## THERAPEUTIC COMMUNITY LIVING

Grafton supports children, adolescents and adults — including those with Autism, intellectual disabilities and co-occurring behavioral and mental health needs who cannot safely be served in less intensive community settings.

Consumers of this program may exhibit one or more of the following behavioral concerns:

- Physical aggression towards others
- Property destruction
- Self-injurious behavior
- Sexually maladaptive behaviors
- Elopement (bolting)
- Threats of harm
- Lack of safety awareness
- Significant psychological impairment
- Disruption

Our objective is for each individual we serve to function to their best ability in all environments. There is no required or cut-off IQ score for admission, rather admission is based on the presenting behavioral and functional levels, needs and the appropriateness of fit with our program and services.

*“From the moment he walked through the doors, Grafton staff treated him like he had no issues. There was no protective gear worn by staff and staff was not defensive with him. I think that made a huge difference with him.”*

— Grafton Parent

### Recognition

Grafton’s minimization of restraints initiative has been recognized by:



### Accreditation

Grafton’s specialized therapeutic community living options are accredited by:



### Licensing

Grafton’s therapeutic community living options are licensed by:



## Therapeutic Community Living Options

For more information on Grafton’s therapeutic community living, located in both Winchester and Richmond, VA

### Contact:

Email: [admissions@grafton.org](mailto:admissions@grafton.org)

Phone: 888-955-5205 x6460 or x6461 or x7327

Fax: 540-542-1721

#### Corporate Office:

P.O. Box 2500  
Winchester, VA 22604



## How We Help

Children, adolescents and adults in Grafton's specialized therapeutic community living learn the skills necessary to increase independence and more fully engage in their communities. Our services focus on helping them develop improved life skills, such as communication, socialization and community safety among many others.

In addition to residential supports, Grafton provides a full system of care for our youth, including:

- Private Day Schools
- Applied Behavior Analysis
- Therapeutic Services
- Family Therapy
- Speech and Language Therapies
- Occupational Therapies
- Medical and Nursing Supports

We believe it is very important for individuals to develop natural connections within their communities, so we work closely with all of our local stakeholders to make sure our services are integrated. In doing so, we are able to identify vocational learning, recreational and leisure activities.



## Our Approach

Grafton is person-centered, trauma-informed and data-driven, with each plan of care as unique as the individual it serves. Our holistic approach involves an assessment not only of an individual's unique presentation and needs, but also those of the family and community, all of which may be developed and strengthened to permit a successful transition upon discharge.

We create a supportive, caring environment sensitive to past struggles and associated trauma in the clients we serve.

Well over a decade ago, Grafton implemented an organization-wide initiative to minimize and, where possible, eliminate the use of coercive techniques such as restraint and seclusion. Today, not only have we achieved a 99.8% reduction in the use of restraint and 100% reduction in the use of seclusion, we have dramatically reduced the number of injuries to clients and staff. Through our Ukeru Systems division ([www.ukerusystems.com](http://www.ukerusystems.com)) — currently used in nearly 30 states and more than 130 private day and residential programs, private and public schools, psychiatric hospitals and forensic units — Grafton now shares this expertise with other organizations.

## PROVEN SUCCESS

Our treatment teams are dedicated to teaching new skills that give our youth the outcomes they deserve, in as short a time period as possible. Grafton has successfully implemented a formal goal mastery initiative that seeks to assure objectives established for each individual are clearly defined, meaningful and measurable. Data for each goal are graphed with formal systems in place for review. Changes are made, as the need indicates, to treatment and instructional strategies. Since this goal-mastery initiative was implemented, Grafton has consistently achieved a high rate of goal-mastery as depicted in the graph below.

