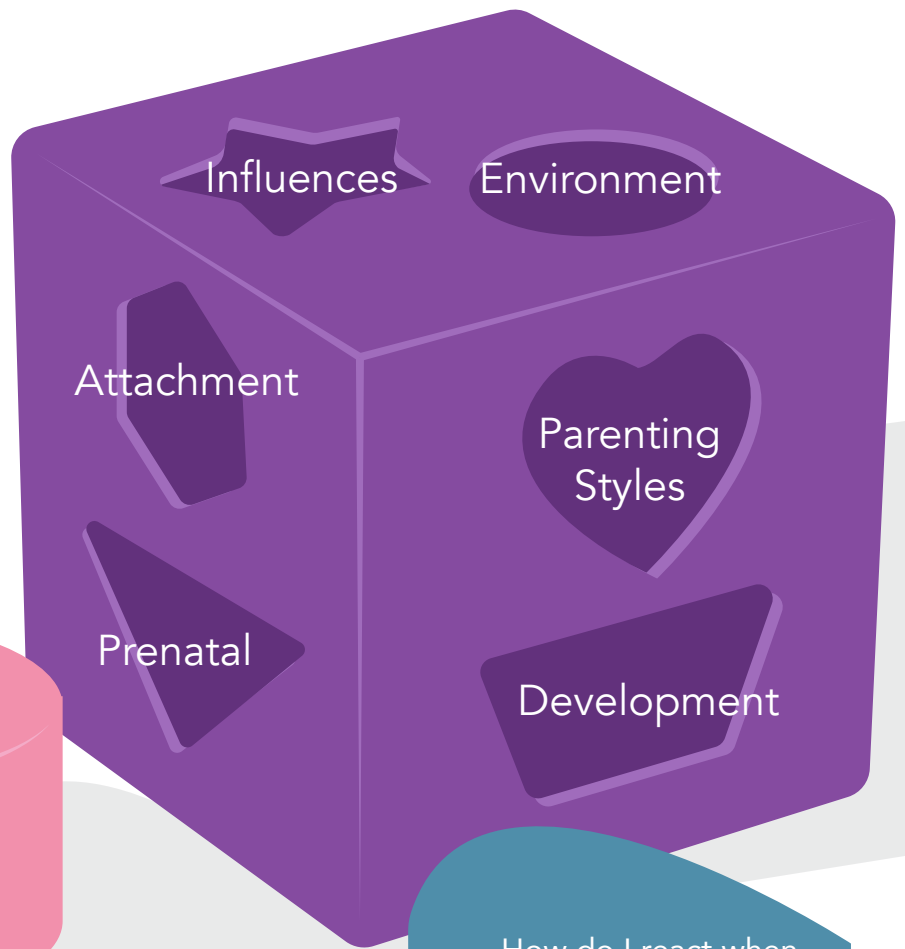




Sorting Through the Mental Health of a Child

Match each shape to see how mental health factors affect your child's everyday life.



What's happening in our current environment? How is my child feeling emotionally and physically?

Was my child exposed to any trauma, drugs/alcohol or health complications during pregnancy or delivery?

How do I interact with my child during mealtimes? What activities do we like to do together? How do we show affection?

How do I react when my child misbehaves? Does my reaction change their behavior? Does everyone that watches my child have the same response?

Does my child have the same skills as other children their age? What are my child's strengths and weaknesses? Do I feel supported in meeting their developmental needs? (Access to Early Intervention, Healthy Families, Private Therapy, etc.)

Does my child see, hear or experience things that are inappropriate for their age? Is our family under extra stress? Is anyone close with my child deployed, incarcerated or sick? Has my child been in the foster care system?

What changes can you make to positively influence your child's mental health? If you have questions or concerns about your child's development, contact the Infant and Toddler Connection of Shenandoah Valley at 540-450-1052, extension 4057.

Infant and Toddler Connection of Shenandoah Valley