

December 2021



Berryville, Richmond & Winchester Student Lunch

Lunch:

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for special dietary needs are available

Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
540-955-2400 ext. 7244
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Tatiana Jordan
Kitchen Manager
(804) 674-8888 ext. 5133

Jasmine Curtis
Kitchen Manager, Berryville
(540) 955-2400 ext. 7210

Lucinda Windham, RD, GM
lucinda.a.windham@grifton.org
540-597-6336

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 - Taco Salad - Black Beans & Rice Salsa Cheese - Fresh Fruit - Choice of Milk	2 - Chicken Salad Sandwich - Cole Slaw Carrot Sticks French Fries - Fresh Fruit - Choice of Milk	3 - Pepperoni Pizza - Sweet Potato Fries Garden Salad - Fresh Fruit Peppermint Cookie - Choice of Milk	4 - Chicken Cheesesteak Sub - Peppers & Onions Onion Rings Tomato & Cucumber Salad Fresh Fruit - Choice of Milk
5 - Baja Fish Tacos - Salsa Cheese Cilantro Lime Slaw Corn Rice Fresh Fruit - Choice of Milk	6 - Glazed Ham - Sweet Potato Casserole Green Beans Biscuit - Fresh Fruit - Choice of Milk	7 - Meatball Sub - Potato Wedges - Mandarin Oranges - Fruit Juice - Choice of Milk	8 - Hot Dog - Potato Wedges Baked Beans - Grapes Kissed Chocolate Chip Cookie Choice of Milk	9 - Chicken Patty on a Bun - Steak Fries Broccoli Salad - Fresh Fruit - Choice of Milk	10 - Cheese Quesadilla - Salsa Street Corn Cauliflower Poppers - Fresh Fruit - Choice of Milk	11 - Korean Meatballs - Lo Mein w/ Asian Veggies Garden Salad - Sliced Pears - Choice of Milk
12 - Fish Sticks - Mac & Cheese Peas and Carrots Whole Wheat Roll - Applesauce - Choice of Milk	13 - Cheeseburger - Steak Fries Corn - Fresh Fruit - Choice of Milk	14 - Chili w/ Beans - Sweet Potato Fries Garden Salad Cornbread - Fresh Fruit - Choice of Milk	15 - Fried Chicken - Mashed Potatoes w/ Gravy Green Beans Biscuit - Fresh Fruit - Choice of Milk	16 - Chicken Tacos - Salsa Cheese Brown Rice Street Corn Black Beans Fresh Fruit - Choice of Milk	17 - Kielbasa on a Bun - Sauerkraut Corn Garden Salad - Fresh Fruit Chocolate Brownie w/ Peanutbutter Icing Choice of Milk	18 - Chicken Nuggets - Potato Wedges Peas & Carrots Buttery Noodles - Fresh Fruit - Choice of Milk
19 - Salisbury Steak - Mashed Potatoes w/ Gravy Corn Whole Wheat Roll - Fresh Fruit - Choice of Milk	20 - Spaghetti w/ Meat Sauce - Orange Glazed Carrots Garlic Roasted Broccoli Applesauce - Choice of Milk	21 - Corn Dog - Chili Cheese French Fries Corn Fresh Fruit - Choice of Milk	22 - Carnitas Salsa Cheese Shredded Lettuce Black Beans Brown Rice Sour Cream Fresh Fruit - Choice of Milk	23 - Chicken Caprese Sandwich - Lettuce & Tomato Onion Rings Cauliflower Poppers Fresh Fruit - Choice of Milk	24 - Sloppy Joe - Potato Wedges Garden Salad Applesauce Fruit Juice - Choice of Milk	25 - White Chicken Chili - Cheese Steak Fries Cornbread Fresh Fruit - Choice of Milk
26 - Italian Sausage Sub - Peppers & Onions Peas - Fresh Fruit - Vanilla Bean Cake w/ Vanilla Bean Icing Choice of Milk	27 - Beef Burrito Brown Rice Corn Black Beans Cheese - Salsa Fresh Fruit - Choice of Milk	28 - BBQ Pork on a Roll - Tater Tots Green Beans - Peaches Fruit Juice - Choice of Milk	29 - Hot Dog - Potato Wedges Baked Beans Collard Greens - Applesauce - Choice of Milk	30 - Turkey Ranch Wraps w/ Bacon - Steak Fries Garlic Roasted Broccoli - Fresh Fruit - Choice of Milk	31 - Pork Tenderloin - Baked Sweet Potato Butter - Sour Cream Whole Wheat Roll Warm Spiced Apples - Choice of Milk	