

December 2021



Winchester Adult Lunch

Lunch:
 Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for special dietary needs are available

Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact information below:

Drew Landenburger, MS, CNS
 Dietitian
 540-955-2400 ext. 7244
andrew.c.landenburger@grifton.org

Tatiana Jordon
 Kitchen Manager
 (804) 674-8888 ext. 5133

Jasmine Curtis
 Kitchen Manager, Herrysville
 (540) 955-2400 ext. 7210

Lucinda Windham, RD, GM
lucinda.a.windham@grifton.org
 540-597-6336

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Lunch At Elm	2 Lunch At Elm	3 Lunch At Elm	4 - Chicken Cheesesteak Sub - Peppers & Onions Onion Rings Tomato & Cucumber Salad Fresh Fruit - Choice of Milk
5 - Baja Fish Tacos - Salsa Cheese Cilantro Lime Slaw Corn Rice Fresh Fruit - Choice of Milk	6 Lunch At Elm	7 Lunch At Elm	8 Lunch At Elm	9 Lunch At Elm	10 Lunch At Elm	11 - Korean Meatballs - - Lo Mein w/ Asian Veggies Garden Salad - Sliced Pears - Choice of Milk
12 - Fish Sticks - Mac & Cheese Peas and Carrots Whole Wheat Roll - Applesauce - Choice of Milk	13 Lunch At Elm	14 Lunch At Elm	15 Lunch At Elm	16 Lunch At Elm	17 Lunch At Elm	18 - Chicken Nuggets - - Potato Wedges Peas & Carrots Buttery Noodles - Fresh Fruit - Choice of Milk
19 - Salisbury Steak - Mashed Potatoes w/ Gravy Corn Whole Wheat Roll - Fresh Fruit - Choice of Milk	20 Lunch At Elm	21 Lunch At Elm	22 Lunch At Elm	23 Lunch At Elm	24 Lunch At Elm	25 - White Chicken Chili - - Cheese Steak Fries Cornbread Fresh Fruit - - Choice of Milk
26 - Italian Sausage Sub - Peppers & Onions Peas - Fresh Fruit - Vanilla Bean Cake w/ Vanilla Bean Icing Choice of Milk	27 Lunch At Elm	28 Lunch At Elm	29 Lunch At Elm	30 Lunch At Elm	31 Lunch At Elm	