



GRAFTON

INTEGRATED HEALTH NETWORK

INNOVATIVE SOLUTIONS. UNLOCKING POTENTIAL.



Providing innovative solutions for those with intellectual, developmental, and complex mental health challenges.

Grafton Integrated Health Network is an autism center of excellence and a leader in treating children and adults with intellectual, developmental, and complex mental health challenges. We are committed to accepting clients with the most challenging behaviors, many of whom have not been successfully treated elsewhere. We have a proven track record of helping these individuals achieve—and even surpass—their treatment goals. The success rate of Grafton’s treatment model ensures that individuals have the ability and sense of self to live a purpose-driven life.

Grafton was founded in 1958 by Ruth Birch, a concerned mother whose child was turned away by the public school system due to a learning disability. Today, the organization has grown to offer services at multiple locations in Virginia (Berryville, Richmond, Winchester, Loudoun County, Front Royal, and Strasbourg), as well as in Frostburg, Maryland, and Cold Spring, Minnesota.

“Other specialists told us our daughter couldn’t get therapy because she was autistic and couldn’t understand the concepts. Grafton proved that’s not true at all. The care and attention that they give to each kid is incredible.”

– Cena, Grafton parent

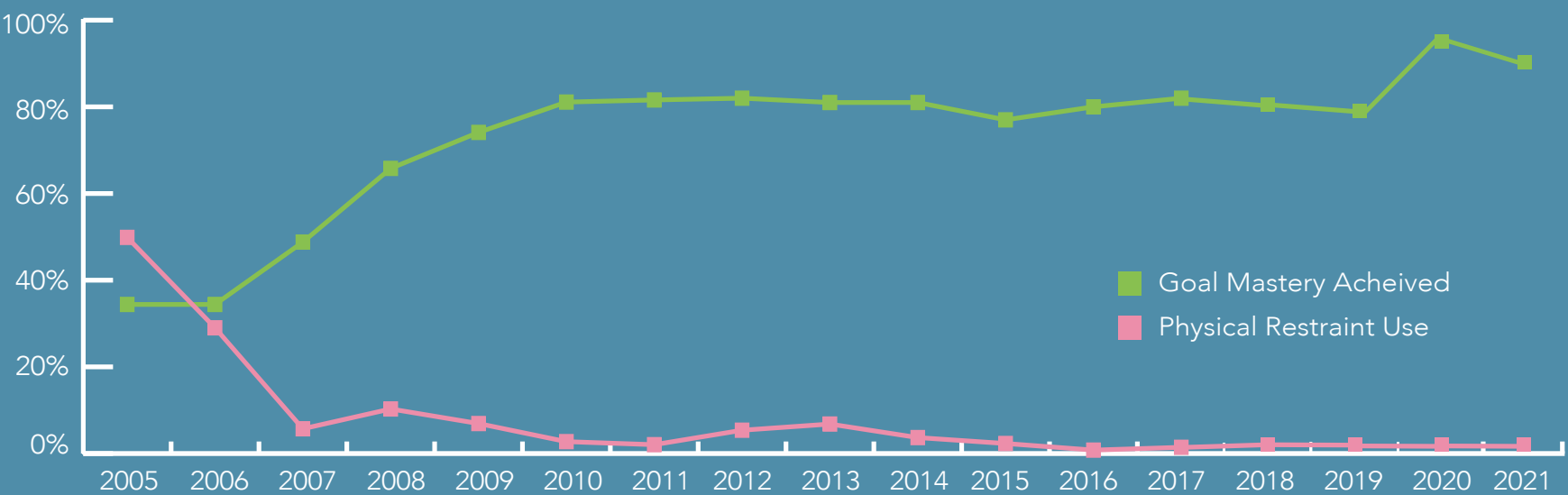


Our Services

Grafton is uniquely qualified to deliver improved outcomes for the people it serves. We provide education, residential, and community-based services to help individuals unlock their potential and achieve things they didn't know were possible.

Goal Mastery

Grafton has successfully implemented a formal process to ensure that we measure progress in a meaningful way, with a shared definition of success. Since Grafton's goal mastery™ initiative was implemented, we have consistently exceeded our target goal rate of 80% across the organization.



Education

Grafton's day schools provide comprehensive, structured, and customized educational services for students ages 6 to 22. By combining special education and behavioral health—balancing academic and functional skills—we allow students to recognize their strengths and use them to achieve success in learning across diverse subjects and environments. Career and technical training are also provided.



Residential

Grafton's residential services include:



Trauma-informed, psychiatric residential treatment (PRT) for individuals between the ages of 6 and 21 with intellectual disabilities, autism, and simultaneous psychiatric conditions requiring a secure environment with intensive psychiatric care. Our goal is to provide short-term, residential therapeutic treatment, in direct partnership with families or guardians, to help individuals build the skills necessary to be successful in a community and home setting.



Community-based group homes that provide the same level of support that an individual might receive in a hospital or other acute care environment. Equipped with a robust staff that surpasses that of most group homes, we help clients learn the adaptive skills necessary to increase self-autonomy and build healthy relationships.



A Sexual Trauma and Abuse Recovery (STAR) program that works with children who have demonstrated challenging behaviors related to past experiences of sexual abuse, exploitation, and trafficking. STAR is provided in a self-contained classroom and dormitory, which are equipped with cameras, sensors, and other features to ensure the safety of each child. The program is led by certified sex offender treatment providers and utilizes evidence-based, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT).



Community-Based Services

Grafton provides innovative solutions for clients that extend well beyond the four walls of our facilities. This includes:



An Early Intervention program that teaches, coaches, and mentors families of children up to age 3 who exhibit a developmental delay or mental and/or physical condition that gets in the way of their development.



The Loudoun County Youth Shelter, a partnership between the Loudoun County Department of Family Services and Grafton that provides therapeutic programming, individualized care, and community integration.



The Adult Day Activities Program Team (ADAPT; in Winchester) and Integrations (in Richmond) serve people with complex intellectual and developmental challenges who have aged out of the school system and do not qualify for work programs. Both programs provide a physical space, activities (arts and crafts, music therapy, and physical recreation), and opportunities for individuals to get involved in the community through social, recreational, volunteer, and skill development activities.



Through its wholly owned subsidiary, Dominion Center for Behavioral Health Services, Grafton provides outpatient mental health services, including behavioral, educational, and clinical assessments and consultations.

“We had tried everything ... psychiatric units, in-patient hospitalizations, outpatient therapy—we tried it all. And it was not until we found Grafton that we found success.”

– Grafton parent

Our Approach

Grafton's multidisciplinary team of therapists, teachers, medical staff, and direct care professionals address clients' needs through an integrated continuum of care. Our approach—which is person-centered, trauma-informed, and data-driven—is highly effective, as proven by our data-backed results.

Grafton's philosophy of Comfort vs. Control® creates an environment that enhances the experience of both clients and employees. By showing compassion, kindness, and patience, the Grafton team helps clients on the path toward a more fulfilling and independent life.

The Foundational Five™ model of care guides every aspect of what we do: being kind, assuming trauma, teaching, being behavior detectives, and using the community as our classroom. All of this rests on leveraging clients' individual interests and skills as the basis for all teaching—in other words, “meeting them at their best” and building from there.





In 2004, Grafton implemented an organization-wide initiative to minimize and, where possible, eliminate the use of coercive techniques such as restraint and seclusion. Today, not only have we achieved a 99.8% reduction in the use of restraint and completely eliminated the use of seclusion, we have also dramatically reduced the number of injuries to clients and staff.

Through our Ukeru Systems division (www.ukerusystems.com)—currently used by more than 350 private day and residential programs, private and public schools, psychiatric hospitals, and forensic units across the United States—Grafton now shares this expertise with other organizations.

**To make a referral, please call us at 888-955-5205
or use the referral form located in the upper right
corner of our website.**

“I am so grateful for the services you have provided for our child. It helped our family stay together in a time of crisis. Thank you for your compassion and continuing care.”

— Grafton Parent



Grafton Locations

Corporate Office

P.O. Box 2500
Winchester, VA 22604
Phone: 888-955-5205

Berryville

180 Grafton Lane
Berryville, VA 22611
Phone: 540-955-2400

Loudoun County Youth Shelter

16450 Meadowview Court
Leesburg, VA 20175
Phone: 703-771-5300

Richmond

4100 Price Club Boulevard
Midlothian, VA 23112
Phone: 804-674-8888

Winchester

120 Bellview Avenue
Winchester, VA 22601
Phone: 540-542-0200

Infant & Toddler Connection of Shenandoah Valley

3150 Shawnee Drive
Winchester, VA 22601
Phone: 540-635-2452

Ukeru Systems

3150 Shawnee Drive
Winchester, VA 22601
Phone: 540-542-0200 Ext 6412
Website: www.ukerusystems.com

Cold Spring PRTF

224 Krays Mill Road
Cold Spring, MN 56320
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www.Grafton.org

Recognition



SAMHSA
Substance Abuse and Mental Health
Services Administration



NEGLEY
ASSOCIATES
Insurance for Particular Professionals

Accreditation



Grafton Programs Awarded
Three-Year Accreditation



Licensing



Membership

