

May

2022



**Metz**  
CULINARY MANAGEMENT

# Berryville & Richmond Breakfast

## Breakfast

Clients may choose the main entree or cereal.

Alternative menus for special dietary needs are available.

Fresh fruit is available all day.

Fat free, and 1% milk are available.

If you have special requests or concerns, please ask your server or see contact information below:

**Drew Landenburger, MS, CNS**  
Dietitian  
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**Tatiana Jordon**  
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Kitchen Manager, Berryville  
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**Lucinda Windham, RD, GM**  
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540-597-6336

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> - French Toast Minis - Butter & Syrup Cheesy Eggs - Fresh Fruit - - Choice of Milk	<b>2</b> - Waffles - Butter & Syrup Yogurt Fruit Cocktail - - Choice of Milk	<b>3</b> - Pancakes - Syrup Butter Turkey Sausage Links Fresh Fruit - - Choice of Milk	<b>4</b> - Scrambled Eggs - Turkey Sausage Patty Toast w/ Butter Fresh Fruit - - Choice of Milk	<b>5</b> - Oatmeal w/ Brown Sugar - Cheesy Eggs Fresh Fruit - - Choice of Milk	<b>6</b> - Turkey Sausage Patty - Biscuit Butter & Jelly Grapes Fruit Juice - - Choice of Milk	<b>7</b> - Canadian Bacon - Bagel w/ Cream Cheese Yogurt Fresh Fruit - - Choice of Milk
<b>8</b> - French Toast - Butter & Syrup Yogurt - Fresh Fruit - - Choice of Milk	<b>9</b> - Biscuits & Sausage Gravy - - - - Fresh Fruit - - Choice of Milk	<b>10</b> - Cheesy Eggs - Hashbrowns Toast Grapes Fruit Juice - - Choice of Milk	<b>11</b> - Cinnamon Swirl French Toast - - Syrup Yogurt Fresh Fruit - - Choice of Milk	<b>12</b> - Sausage Filled Pancake Dippers - Syrup Yogurt Grapes - - Choice of Milk	<b>13</b> - Western Omelette w/ Cheese - Roasted Potatoes Toast Fresh Fruit - - Choice of Milk	<b>14</b> - English Muffin w/ Bacon Egg & Cheese - - - Fresh Fruit - - Choice of Milk
<b>15</b> - Cereal - Yogurt Fruit Cocktail - Fruit Juice - - Choice of Milk	<b>16</b> - Breakfast Casserole - Toast - Jelly Fresh Fruit - - Choice of Milk	<b>17</b> - French Toast Sticks - Syrup Turkey Sausage Links - Peaches Fruit Juice - - Choice of Milk	<b>18</b> - Pancakes - Syrup Butter Bacon Fresh Fruit - - Choice of Milk	<b>19</b> - English Muffin w/ Sausage & Cheese - - - - Peaches - - Choice of Milk	<b>20</b> - Waffles - Syrup & Butter Yogurt Fresh Fruit - - Choice of Milk	<b>21</b> - Ham & Egg Scramble - Biscuit - Fresh Fruit - - Choice of Milk
<b>22</b> - Pancakes w/ Cream Chipped Beef - - - Fresh Fruit - - Choice of Milk	<b>23</b> - Scrambled Eggs - Toast w/ Butter Grapes Fruit Juice - - Choice of Milk	<b>24</b> - Pancakes - Syrup Butter - Peaches - - Choice of Milk	<b>25</b> - Waffles - Strawberry Topping Butter Fresh Fruit - - Choice of Milk	<b>26</b> - Breakfast Casserole - - Toast Jelly Fresh Fruit - - Choice of Milk	<b>27</b> - French Toast - Scrambled Eggs Syrup Butter - Fresh Fruit Choice of Milk	<b>28</b> - - Sausage Filled Pancake Dippers - Syrup - Fresh Fruit - - Choice of Milk
<b>29</b> - Bacon & Scrambled Eggs - - Toast w/ Jelly - Fresh Fruit - - Choice of Milk	<b>30</b> - Pancakes - Syrup & Butter - Yogurt Fresh Fruit - - Choice of Milk	<b>31</b> - Cinnamon Swirl French Toast Sticks - Syrup Yogurt - Fresh Fruit - - Choice of Milk				