

July

2022



Metz
CULINARY MANAGEMENT

Berryville & Richmond Dinner

Dinner:

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for special dietary needs are available
Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact information below:

Drew Landenburger, MS, CNS
andrew.c.landenburger@grafton.org
540-955-2400 ext. 7244

Richmond Kitchen:
804-674-8888 ext 5133
Jasmine Curtis
Kitchen Manager, Berryville
(540) 955-2400 ext. 7210
Lucinda Windham, RD, GM
lucinda.a.windham@grafton.org
(540) 597-6336

Sunday July 31st	Monday	Tuesday	Wednesday	Thursday	Friday 1	Saturday 2
Fish n' Chips - Hushpuppies Corn - - Choice of Milk -					Breakfast for Dinner - Pancakes Scrambled Eggs Bacon Syrup Fruit Cocktail - Choice of Milk -	Chicken Cheesesteak Sub - Peppers & Onions Onion Rings Tomato & Cucumber Salad Fresh Fruit Choice of Milk -
3 - Mac and Cheese - Curly Fries Carrot Sticks Celery Sticks Ranch Smores' Bar - Choice of Milk	4 - Nachos w/ Ground Beef - Salsa Cheese Sour Cream Street Corn Salad - Choice of Milk	5 - Grilled Cheese Sandwich - Tomato Soup Potato Wedges - Applesauce - Choice of Milk	6 - Cheese Pizza - French Fries Garden Salad - Applesauce - Choice of Milk	7 - Chicken Cheddar Wrap - - Garden Salad - Sliced Pears - Choice of Milk	8 - BBQ Chicken Breast - Baked Beans Stuffing Watermelon - Iced Cake Choice of Milk	9 - Cheese Quesadilla - Corn Salsa Sour Cream White Rice - Choice of Milk
10 - Spaghetti and Meat Sauce - - Italian Veggies Garlic Bread Applesauce - - Choice of Milk	11 - Cheeseburger Casserole - Green Beans Garlic Bread Applesauce - - Choice of Milk	12 - Ravioli w/ Marinara Sauce - Italian Veggies Garlic Bread Applesauce - - Choice of Milk	13 - Steak & Cheese Sub - Peppers & Onions Onion Rings Applesauce - - Choice of Milk	14 - Fried Chicken - - Mac & Cheese Succotash Cornbread Watermelon - - Choice of Milk	15 - Creamy Pesto Penne w/ Shrimp - - Garlic Roasted Broccoli Applesauce - - Choice of Milk	16 - BBQ Pork Sandwich - Baked Beans Cole Slaw Macaroni Salad - - Choice of Milk
17 - Pizza Casserole - Potato Wedges - Garden Salad Watermelon - - Choice of Milk	18 - Rib Patty Sandwich - Cole Slaw Corn Peaches - - Strawberry Short Cake - Choice of Milk	19 - Pork Chops - Baked Beans Green Beans - Sliced Pears - - Choice of Milk	20 - Baked Ziti - Italian Veggies Garlic Bread Garden Salad - - - Choice of Milk	21 - Cheeseburger - - Curly Fries Garlic Roasted Broccoli - - Choice of Milk	22 - Roast Chicken - - French Fries Corn Garlic Roasted Broccoli Applesauce - - Choice of Milk	23 - Breakfast for Dinner - Belgian Waffle Bar w/ Strawberry Topping Whipped Cream Chocolate Chips Turkey Sausage Links Fruit Salad - Choice of Milk
24 - Stuffed Shells - - Marinara Sauce Broccoli & Cheddar Soup Garden Salad Garlic Bread Choice of Milk	25 - Loaded Tater Tots Seasoned Ground Beef - Shredded Cheese Salsa Sour Cream Corn & Peppers Garden Salad Choice of Milk	26 - Salisbury Steak - - Mashed Potatoes w/ Gravy Corn Dinner Roll Peaches - Choice of Milk	27 - Corn Dog Bites - - Cheese Sauce French Fries Succotash Applesauce Peach & Berry Parfait Choice of Milk	28 - Fettuccine Alfredo w/ Chicken - - Broccoli Garlic Bread Pears - - Choice of Milk	29 - Spaghetti & Meatballs - - Country Style Veggies Garlic Bread Fresh Fruit - - Choice of Milk	30 - Beans & Weenies - - Chicken Noodle Soup French Fries Corn on the Cob - - Choice of Milk