

August

2022



Winchester Breakfast

Breakfast

Clients may choose the main entree or cereal.

Alternative menus for special dietary needs are available.

Fresh fruit is available all day.

Fat free, and 1/2 milk are available.

If you have special requests or concerns, please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
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Richmond Kitchen
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Jasmine Curtis
Kitchen Manager, Berryville
(540) 955-2400 ext. 7210
Lucinda Windham, RD, GM
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Oatmeal w/ Brown Sugar - Cheesy Eggs - Fresh Fruit - - - Choice of Milk	2 Cinnamon Swirl French Toast - Syrup Yogurt - Fresh Fruit - - - Choice of Milk	3 Biscuits & Sausage Gravy - - - Fresh Fruit - - - Choice of Milk	4 Cheesy Eggs - Hashbrowns Toast Grapes Fruit Juice - - - Choice of Milk	5 Baked Chocolate Chip Pancakes - Syrup Yogurt - Fresh Fruit - - - Choice of Milk	6 Sausage Filled Pancake Dippers - Syrup Yogurt Grapes - - - Choice of Milk
7 Western Omelette w/ Cheese - Roasted Potatoes Toast Fresh Fruit - - - Choice of Milk	8 Canadian Bacon - Bagel w/ Cream Cheese Yogurt Fresh Fruit - - - Choice of Milk	9 Cereal - Yogurt Fruit Cocktail - Fruit Juice - - - Choice of Milk	10 Breakfast Casserole - Blueberry Muffin - - Fresh Fruit - - - Choice of Milk	11 French Toast Sticks - Syrup Turkey Sausage Links - Peaches Fruit Juice - - - Choice of Milk	12 Pancakes - Syrup Butter Bacon - Fresh Fruit - - - Choice of Milk	13 Sausage egg & cheese Sandwich on English Muffin - - - Peaches - - - Choice of Milk
14 Waffles - Syrup & Butter Yogurt Fresh Fruit - - - Choice of Milk	15 Ham & Egg Scramble - Biscuit - - Fresh Fruit - - - Choice of Milk	16 Cinnamon Swirl French Toast - Syrup Yogurt - Fresh Fruit - - - Choice of Milk	17 Scrambled Eggs - Toast w/ Butter Grapes Fruit Juice - - - Choice of Milk	18 Pancakes - Syrup Butter - Peaches - - - Choice of Milk	19 Waffles - Strawberry Topping Butter - Fresh Fruit - - - Choice of Milk	20 Breakfast Pizza Bagel - - - Fresh Fruit - - - Choice of Milk
21 Banana Oat Baked French Toast - Syrup Scrambled Eggs - Fresh Fruit - - - Choice of Milk	22 Sausage Filled Pancake Dippers - Syrup - Fresh Fruit - - - Choice of Milk	23 Bacon & Scrambled Eggs - Toast w/ Jelly - Fresh Fruit - - - Choice of Milk	24 Pancakes - Syrup & Butter - Yogurt Fresh Fruit - - - Choice of Milk	25 Ham Egg & Cheese Bagel Sandwich - - - Peaches - - - Choice of Milk	26 Waffles - Butter & Syrup Yogurt - Mixed Fruit - - - Choice of Milk	27 Pancakes - Butter & Syrup Turkey Sausage Links - Fresh Fruit - - - Choice of Milk
28 Scrambled Eggs - Turkey Sausage Patty Toast - - Fresh Fruit - - - Choice of Milk	29 Oatmeal w/ Brown Sugar - Cheesy Eggs - Fresh Fruit - - - Choice of Milk	30 Biscuit w/ Sausage - Jelly Grapes - Fruit Juice - - - Choice of Milk	31 Bacon Egg and Cheese Sandwich on Croissant - - - Fresh Fruit - - - Choice of Milk			