

August

2022



Lunch

Lunch:

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for special dietary needs are available

Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact

Drew Landenburger, MS, CNS
Dietitian
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Richmond Kitchen
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Jasmine Curtis
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Lucinda Windham, RD, GM
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 - Cheesy Southwest Hot Dog w/ Diced Onions Cheese Sauce Cajita Peppers - Tater Tots Peaches Choice of Milk	2 - Ravioli w/ Marinara Sauce - Italian Veggies Garlic Bread - Applesauce - Choice of Milk	3 - French Dip w/ au jus - Broccoli Creamy Macaroni Salad Fresh Fruit - Choice of Milk	4 - Mac & Cheese w/ Bacon Bits - - Peas - Applesauce Sugar Cookie - Choice of Milk	5 - Tuna Salad Scoop or Sandwich - - Potato Chips Carrots & Celery w/ Ranch Fresh Fruit - Choice of Milk	6 - Italian Sausage Sub - Peppers & Onions Peas - Fresh Fruit - Choice of Milk
7 - Chicken Patty Sandwich - French Fries Broccoli - - Peaches - Choice of Milk	8 - Chicken Fried Steak - Cream Gravy Mashed Potatoes Corn - Fresh Fruit - Choice of Milk	9 - Chicken Parmesan - Noodles Broccoli - - Fresh Fruit - Choice of Milk	10 - Chicken Pesto Penne Casserole - - Cali Blend Veggies - - Fresh Fruit - Choice of Milk	11 - Korean Beef & Rice Bowl - - Green Beans - - Applesauce - Choice of Milk	12 - Ruben - - Potato Salad Dill Pickle Spear - Dirt Cake - Fresh Fruit - Choice of Milk	13 - General Tso's Chicken - Lo Mein Broccoli - - Fresh Fruit - Choice of Milk
14 - Chicken Salad Scoop or on Croissant - - Dorritos - - - Pears - Choice of Milk	15 - Chili Cheese Dog - - Baked Beans Potato Wedges - - Applesauce - Choice of Milk	16 - Spaghetti & Meat Sauce - - Italian Veggies - - - Applesauce - Choice of Milk	17 - Grilled Chicken BLT - - - - Potato Salad - Peaches - Choice of Milk	18 - Chicken Caesar Salad or Wrap - - - Sweet Potato Fries - - Fresh Fruit - Choice of Milk	19 - Boneless BBQ Wings - - - Steak Fries Biscuit - - Fresh Fruit - Choice of Milk	20 - Cheese Pizza - - Garden Salad Corn - - Fresh Fruit Fruit Parfait - Choice of Milk
21 - Meatball Sub - Steak Fries - Garden Salad - - - Mandarin Oranges - Choice of Milk	22 - BBQ Pulled Pork Pile or Sandwich - - Corn on the Cob - - Peaches - Choice of Milk	23 - Shrimp Tacos - - Cheese Salsa Coleslaw Street Corn Salad Fresh Fruit Churro - Choice of Milk	24 - South of the Border Cheese Burger - - Guacamole Pico de gallo Fire Roasted Corn Tater Tots Fresh Fruit - Choice of Milk	25 - Chef's Salad - - Mozzarella Stuffed Breadstick - - Fresh Fruit - Choice of Milk	26 - Roast Turkey - Mashed Potatoes w/ Gravy Green Beans - - Fresh Fruit - Choice of Milk	27 - Jerk Chicken - Brown Rice Steamed Cabbage - - Peaches - Fresh Fruit - Choice of Milk
28 - Gyro Pita Sandwich or over Greek Salad - - - Steak Fries - - - Fresh Fruit - Choice of Milk	29 - Chicken Nuggets - - - Waffle Fries Buttered Noodles - - - Fresh Fruit Banana Dump Cake Choice of Milk	30 - Cuban Sandwich - - - Potato Chips Hawaiian Salad - - - Applesauce - Choice of Milk	31 - Taco Salad - - - Salsa Shredded Cheese Rice & Beans - - Fresh Fruit - Choice of Milk			