



# Educational Services



## Educational Services

Grafton Integrated Health Network supports people with intellectual, developmental, and complex mental health challenges. We offer solutions to help individuals unlock their potential and achieve goals that they didn't know were possible.

Grafton's day schools provide comprehensive, structured, and customized educational services for students ages 6 to 22. By combining special education and behavioral health—balancing academic and functional skills—we allow students to recognize their strengths and use them to achieve success in learning across diverse subjects and environments.

“We meet the clients where they are, find their strengths and interests, then reinforce and build on those as part of their program. Our job is to help people move forward and to progress, so that they feel like they have a meaningful life, whatever that may be for them.”

— Pamela Kuehl  
Clinical Administrator



## Our Schools

Grafton has therapeutic day schools in Berryville, Richmond, and Winchester, Virginia. Each location provides a K-12 education, as well as career and technical education. We have six decades of experience working with both youth and adults on the autism spectrum.

We are committed to accepting students with the most challenging behaviors, many of whom have struggled within traditional school settings. We have a proven track record of helping these individuals achieve—and even surpass—their educational and behavioral goals.

### Grafton's schools provide:

- Playgrounds, gymnasiums, and recreational space
- Computers, tablets, and SMARTboards in each classroom
- Specialized facilities for subjects like art, music therapy, cooking, and gardening
- Supervised excursions for hands-on learning in the community
- Enhanced security systems to ensure student safety
- Nutritious and appropriate meals and snacks
- Medical care by professional nursing staff



## How We Do It

Our approach is person-centered, trauma-informed, and data-driven, with each plan of care as unique as the person it serves. It is also highly effective, as proven by our data-backed results. We go beyond behavioral health quality standards to determine what each student can achieve. In addition to looking at overall quality of life standards (level of independence, vocational participation, and opportunity to demonstrate voice and choice), we take into account the student's unique strengths and needs.

Every student enrolled at Grafton has a case manager who coordinates activities and programs tailored specifically to them. Individuals are also supported by a variety of professional clinical staff, which may include physicians, nurses, therapists, behavior clinicians, speech therapists, occupational and music therapists, and registered behavior technicians. Grafton's classrooms are staffed with licensed teachers and instructional assistants who are trained to implement individualized treatment plans in a safe, comforting, and trauma-informed manner.



## A Trauma-Informed Approach

Grafton's philosophy is one of comfort versus control. We recognize that students with intellectual disabilities or mental health challenges will inevitably face frustrating circumstances on a daily basis. Rather than seeking to control the student through manipulation or coercion, we monitor behavior in a natural setting. In this way, we are not forcing potentially traumatizing circumstances on the student but are able to provide appropriate support when obstacles arise during the school day. By showing compassion, kindness, and patience, the Grafton team helps clients on the path toward a more fulfilling and independent life.

Grafton's "Foundational Five™" guides every aspect of what we do: be kind, assume trauma, teach, be a behavior detective, and use the community as our classroom. All of these rest on the foundation of "meeting them at their best," which means leveraging students' individual interests and skills as the basis for all teaching.



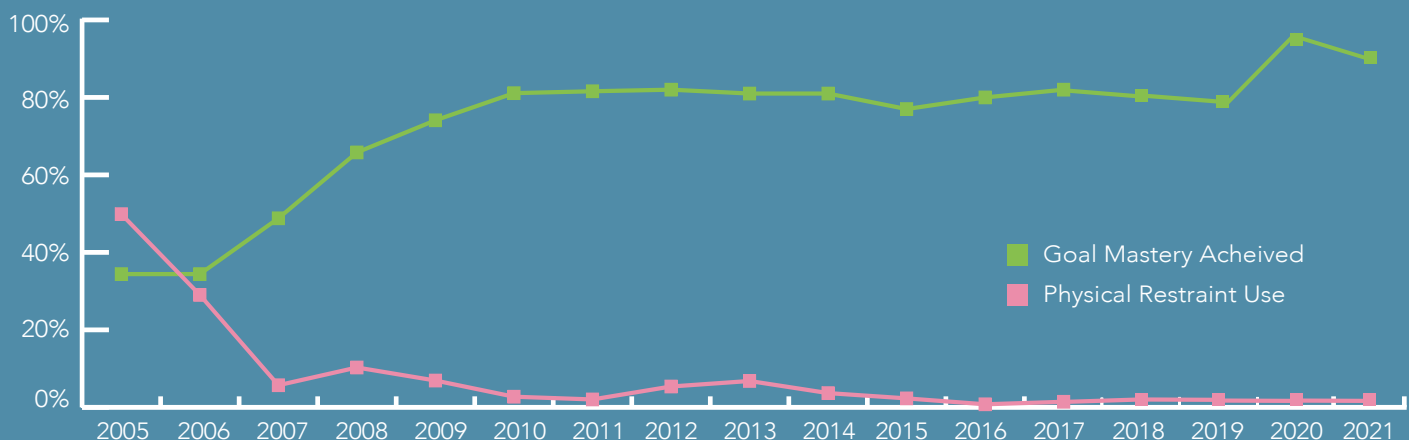


In 2004, Grafton implemented an organization-wide initiative to minimize and, where possible, eliminate the use of coercive techniques such as restraint and seclusion. Today, not only have we achieved a 99.8% reduction in the use of restraint and completely eliminated the use of seclusion, we have also dramatically reduced the number of injuries to clients and staff.

Through our Ukeru Systems division ([www.ukerusystems.com](http://www.ukerusystems.com))—currently used by more than 350 private day and residential programs, private and public schools, psychiatric hospitals, and forensic units across the United States—Grafton now shares this expertise with other organizations.

Grafton has successfully implemented a formal goal mastery initiative that seeks to assure objectives established for each individual are clearly defined, meaningful, and measurable. Since Grafton's goal mastery initiative was implemented, we have consistently exceeded our target goal rate of 80% across the organization.

## Goal Mastery



## Hands-On Learning

Many of our high school students are eligible to participate in Grafton's vocational skills programming in addition to core academics. These students have the opportunity to enroll in a range of courses that fit their interests and abilities, such as clerical, horticultural, and food service classes. When students have mastered skills in the classroom, they are paid to work part-time here at Grafton, or they can work off-site through our Community-Based Education course.

The Community-Based Education course has helped dozens of students to gain real-world volunteer and work experience out in the community. Grafton collaborates with many businesses and organizations in Virginia, including restaurants, warehouses, retail stores, and plant nurseries. All of our students receive payment through Grafton's stipend program, while participating businesses and organizations benefit from the work of our student volunteers.

"They're always excited to go work and be out in the community. They're always asking: Are we going to work today?"

– Tenesha Sailes,  
Assistant Principal



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[www.Grafton.org](http://www.Grafton.org)

## Recognition



**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration



## Accreditation



Grafton Programs Awarded  
Three-Year Accreditation



## Licensing



## Membership

