



Residential Services



Residential Services

Grafton Integrated Health Network supports people with intellectual, developmental, and complex mental health challenges. As part of our mission to help these individuals unlock their potential, we offer a variety of residential treatment services in a variety of locations.

We are committed to accepting clients with extremely challenging behaviors, many of whom cannot be successfully treated elsewhere. These individuals have suffered the long-term effects of struggling with their behavioral health issues, often resulting in a complex mix of trauma, difficulty with socialization, and educational challenges. To help understand and navigate these challenges, we provide a trauma-informed model of residential treatment.

Grafton has a proven track record of helping its residential clients achieve—and even surpass—their treatment goals. By showing compassion, kindness, and patience, our team puts children and adults on the path toward a more fulfilling and independent life.



Psychiatric Residential Treatment Facilities (PRTF)

Grafton's Psychiatric Residential Treatment Facilities (PRTF) provide intensive behavioral health treatment to help children and adolescents (ages 6-21) develop the skills necessary to be successful in a community setting. Our entire treatment program is designed to provide intensive treatment that is intended to lessen the length of stay.

We understand that real family engagement is essential to every aspect of the care we provide. We encourage every parent to be a partner with us in the care of their child. We also encourage them to partner with us as an organization, so that we can benefit from each parent's lived experience with the system of care.



The PRTF in Berryville is a secure facility and is situated on 19.5 acres in rural Clarke County, Virginia. This location has 12 distinct units, each with programming designed to address the specific needs of up to nine individuals per unit. Individual rooms are available for each child served at the PRTF. Clients have access to music instruction, art activities, animal-assisted intervention, and organized sports activities. A greenhouse is an integral part of an active horticulture program, and clients sell produce and flowers to a local Farmer's market.

The program at Grafton's Cold Spring campus in Minnesota is designed to provide youth with education, life skills, and a range of therapy services that have been shown to improve outcomes for populations that are the most at-risk and vulnerable. The property features housing for up to 30 children, an outdoor play area, and a day school.





Community-Based Group Homes

Grafton has multiple group homes located in single-family houses throughout Winchester and Richmond, Virginia, with separate locations for boys, girls, and adults. These community-based residences provide essentially the same level of multidisciplinary support that an individual might receive in a residential treatment center. By providing a nurturing and home-like environment, we help clients increase autonomy, encourage functional skill development, and build healthy relationships.



Our Services

Every residential client at Grafton is assessed by a board-certified psychiatrist and receives an individualized treatment plan developed by a multidisciplinary team, including a psychiatrist, nurse, therapist, allied therapist, teacher, and case manager. Support from additional experts, such as dietitians and speech therapists, are also available on a case-by-case basis. All clients receive regular therapy sessions (individual, family, and/or group), special education services, and participate in daily therapeutic activities. A full range of medical and nursing support is also available for each child onsite.



Additional services such as speech and language therapy, occupational therapy, and psychological assessments are provided based on client need. Contract services with various professionals within the community may also be arranged as needed.

A Trauma-Informed Approach

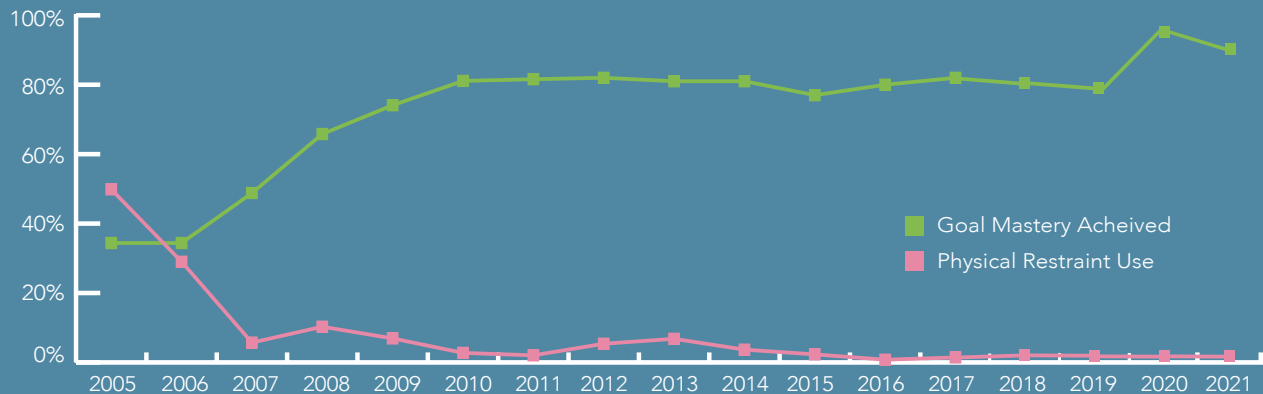
Grafton uses a trauma-informed approach, creating a supportive, caregiving environment sensitive to past experiences of violence and victimization. This approach, combined with a philosophy of Comfort vs. Control®, creates an environment that enhances the experience of both clients and employees.

By showing compassion, kindness, and patience, our team helps clients on the path toward a more fulfilling and independent life. Grafton is so committed to this approach that we created Ukeru Systems®, a trauma-informed crisis management technique rooted in the belief that physical restraints are not only unnecessary but also unproductive, and that all intervention should be built on an approach of comfort versus control.



Goal Mastery

Grafton rigorously measures people's progress and uses the data it gathers through this process to inform treatment decisions. We identified "Treatment Goal Mastery" as a key performance indicator for the organization. Our "Treatment Goal Mastery" system provides systematic data about each client's progress towards treatment goal attainment. We track, monitor and adjust interventions based on client progress or lack thereof. As a result of detailed monitoring and tracking, treatment goal mastery increased to over 80% with clients and families across the organization.



Contact

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