

September 2022



Winchester Breakfast

Breakfast

Clients may choose the main entree or cereal.

Alternative menus for special dietary needs are available.

Fresh fruit is available all day.

Fat free, and 1% milk are available.

If you have special requests or concerns, please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
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Richmond Kitchen
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Jasmine Curtis
Kitchen Manager, Berryville
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Lucinda Windham, RD, GM
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 - Ham & Cheese Breakfast Cassrole - Toast w/ Jelly - Fresh Fruit - - Choice of Milk	2 - Cinnamon Swirl French Toast - Syrup Yogurt - Fresh Fruit - - Choice of Milk	3 - Sausage Filled Pancake Dippers - Syrup Yogurt Grapes - - Choice of Milk
4 - Western Omelette w/ Cheese - Hashbrown Coins Toast Fresh Fruit - - Choice of Milk	5 - Canadian Bacon - Bagel w/ Cream Cheese Yogurt Fresh Fruit - - Choice of Milk	6 - Cereal - Yogurt Fruit Cocktail - Fruit Juice - - Choice of Milk	7 - Pancakes - Syrup & Butter Bacon - Fresh Fruit - - Choice of Milk	8 - French Toast Sticks - Syrup Turkey Sausage Links - Peaches Fruit Juice - - Choice of Milk	9 - Huevos Rancheros w/ Chorizo Casserole - Roast Potatoes - Fresh Fruit - - Choice of Milk	10 - Sausage egg & cheese on English Muffin - - - Peaches - - Choice of Milk
11 - Waffles - Syrup & Butter Yogurt Fresh Fruit - - Choice of Milk	12 - Ham & Egg Scramble - Biscuit - Fresh Fruit - - Choice of Milk	13 - Cinnamon Swirl French Toast - Syrup Yogurt - Fresh Fruit - - Choice of Milk	14 - Creamed Chipped Beef - - Toast Grapes Fruit Juice - - Choice of Milk	15 - Lemon Blueberry Bar - Yogurt - Peaches - - Choice of Milk	16 - Sausage Filled Pancake Dippers - Syrup Yogurt Fresh Fruit - - Choice of Milk	17 - Breakfast Pizza Bagel - - - Fresh Fruit - - Choice of Milk
18 - Banana Oat French Toast Casserole - Syrup Scrambled Eggs - Fresh Fruit - - Choice of Milk	19 - Mini Maple Waffles - Syrup Yogurt - Fruit Cocktail - - Choice of Milk	20 - Bacon & Scrambled Eggs - - Toast w/ Jelly - Fresh Fruit - - Choice of Milk	21 - Pancakes - Syrup & Butter - Yogurt Fresh Fruit - - Choice of Milk	22 - Ham Egg & Cheese Bagel Sandwich - - - Peaches - - Choice of Milk	23 - Waffles - Butter & Syrup Yogurt - Fruit Cocktail - - Choice of Milk	24 - Cinnamon Roll - - Fruit and Yogurt Parfait Turkey Sausage Links - Fresh Fruit - - Choice of Milk
25 - Scrambled Eggs - Turkey Sausage Patty Hashbrown Patty - - Fresh Fruit - - Choice of Milk	26 - Oatmeal w/ Brown Sugar - - Chessy Eggs - Fresh Fruit - - Choice of Milk	27 - Sausage Patty & Jelly on Croissant - - - Grapes - Fruit Juice - - Choice of Milk	28 - Bacon Egg and Cheese on Biscuit - - - - Fresh Fruit - - Choice of Milk	29 - Sausage and Cheese Breakfast Casserole - - - - Toast Jelly - Fresh Fruit - - Choice of Milk	30 - Cinnamon Swirl French Toast - - Syrup Yogurt - Fresh Fruit - - Choice of Milk	

USDA is an equal opportunity provider and employer. Menu items are subject to change without notice.