## September 2022



## Vet7. Berryville & Richmond Dinner

## Dinner:

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for special dietary needs are available Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact information below:

Drew Landenburger, MS, CNS andrew.c.landenburger@grafton.org 540-955-2400 ext. 7244

Richmond Kitchen: 804-674-8888 ext 5133 **Jasmine Curtis** 

Kitchen Manager, Berryville (540) 955-2400 ext. 7210

Lucinda Windham, RD, GM

lucinda.a.windham@grafton.org

(540) 597-6336

Sunday

Spaahetti and

Meat Sauce

Italian Veggies

Garlic Knotts

Applesauce

Choice of Milk

11 Pizza Casserole

Potato Wedges

Garden Salad

Pineapple

Choice of Milk

18

Stuffed Shells

Marinara Sauce

Garden Salad

Garlic Bread

Choice of Milk

Monday

5

Turkey Chili Mac

w/ Cheese

Green Beans

Applesauce

Choice of Milk

12

Steak & Cheese

Sub

Peppers & Onions

Onion Rinas

**Applesauce** 

Choice of Milk

19

Fettuccine Alfredo

w/ Chicken

Steamed Broccoli

Garlic Knots

Pears

Choice of Milk

**Tuesday** 

6

Corn Dog

French Fries

Corn

Fresh Fruit

Caramel Apple

Shortcake

Choice of Milk

13

Brown Sugar Glazed

Ham

Mashed Sweet

Potatoes

Green Beans

Choice of Milk

20

Salisbury Steak

Mashed Potatoes w/

Gravv

Corn

AppleCrisp

Choice of Milk

Wednesday

Cold Pea Salad Sliced Pears

**Thursday** 

Crispy Smokehouse

Chicken Wrap

Choice of Milk

Fried Chicken

Mac & Cheese

Succotash

Warm Spiced Apples

Choice of Milk

Rib Patty Sandwich Cole Slaw Marinated Veggie Medley

Peaches Jello

14

Choice of Milk

Spaghetti Pie Broccoli w/ Toasted Garlic Crumbs

Garlic Bread

Choice of Milk 21

Corn Dog Bites

Cheese Sauce

French Fries

Succotash

Applesauce

Choice of Milk

15 Cheeseburger

**Curly Fries** 

Choice of Milk

Pumpkin Crumble

22

Mashed Potato Bar Gravy

Diced Chicken Bacon Bits Shredded Cheddar Sour Cream Chives Broccoli w/ Cheese Sauce Choice of Milk

Spaghetti & Meatballs

Friday

2

Breakfast for Dinner

Cinnamon Roll

Scrambled Eaas

Turkey Sausage Links

Fruit Salad

Choice of Milk

9

Creamy Pesto Penne

w/ Shrimp

Garlic Roasted

Broccoli

**Applesauce** 

Choice of Milk

16

Chicken Tenders

Waffle Fries

Corn

**Applesauce** 

Choice of Milk

23

Country Style Veggies Garlic Bread

> Fresh Fruit Choice of Milk

> > 30

Saturday 3

Buffalo Chicken Quesadilla

> Corn Salsa Sour Cream White Rice

Choice of Milk

10

BBQ Pulled Chicken Pile or Sandwich

Sauteed Summer Sauash Creamy Macaroni Salad

Choice of Milk

17

Breakfast for Dinner

Belgian Waffle Bar w/ Strawberry Topping Whipped Cream Chocolate Chips Turkey Sausage Links Fruit Salad

Choice of Milk

24

Cheesy Tortilla Hot Dog

French Fries Corn on the Cob

Fresh Fruit

Choice of Milk

25

**BBQ** Chicken Breast

**Baked Beans** Balsamic Pasta Salad

Cantaloupe

Choice of Milk

26 Rosemary Roast Chicken

Lemony Green Beans & Peas Corn

> Applesauce Choice of Milk

27 Loaded Pizza Fries

Pizza Sauce Mozzerella Cheese Pepperoni Sausage Garden Salad Mozzerella Sticks Choice of Milk

28 Fish n' Chips

Hushpuppies Corn **Applesauce** Chocolate Cherry Dumpcake

Choice of Milk

29 Chicken Enchilada Casserole

> Corn Bread **Applesauce**

Choice of Milk

Cheese Steak Pizza

French Fries Garden Salad

**Applesauce** 

Choice of Milk

USDA is an equal opportunity provider and employer. Menu items are subject to change without notice.