

September 2022



Lunch

Lunch:

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for special dietary needs are available

Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact

Drew Landenburger, MS, CNS
Dietitian
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Richmond Kitchen
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Jasmine Curtis
Kitchen Manager, Berryville
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Lucinda Windham, RD, GM
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 - Mac & Cheese w/ Bacon Bits - Peas - Applesauce - Choice of Milk	2 - Tuna Salad Scoop or Sandwich - Potato Chips Carrots & Celery w/ Ranch Fresh Fruit - Choice of Milk	3 - Italian Sausage Sub - Peppers & Onions Peas - Fresh Fruit - Choice of Milk
4 - Chicken Patty Sandwich - French Fries Broccoli - Peaches - Choice of Milk	5 - Bacon Cheeseburger BBQ Wings - Potato Salad Assorted Chips - Fresh Fruit Strawberry Cream Pie - Choice of Milk	6 - Chicken in Gravy Over Biscuit - Green Beans - Pears - Choice of Milk	7 - Chicken Pesto Penne Casserole - Cali Blend Veggies - Fresh Fruit - Choice of Milk	8 - Korean Beef & Rice Bowl - Green Beans - Applesauce - Choice of Milk	9 - Ruben - Potato Salad Dill Pickle Spear - Fresh Fruit - Choice of Milk	10 - Jerk Chicken - Brown Rice Steamed Cabbage - Peaches - Fresh Fruit - Choice of Milk
11 - Chicken Salad Scoop or on Croissant - Dorritos - Pears - Choice of Milk	12 - Chili Cheese Dog - Baked Beans Potato Wedges - Applesauce - Choice of Milk	13 - Italian Wrap - Potato Chips Carrots and Celery w/ Ranch - Applesauce - Choice of Milk	14 - Grilled Chicken BLT - Potato Salad - Peaches Reeses Peanut Butter Chunk Cookie - Choice of Milk	15 - Chicken Caesar Salad or Wrap - Sweet Potato Fries - Fresh Fruit - Choice of Milk	16 - Boneless BBQ Wings - Steak Fries Biscuit - Fresh Fruit - Choice of Milk	17 - Cheese Pizza - Garden Salad Corn - Fresh Fruit Fruit Parfait - Choice of Milk
18 - Meatball Sub - Steak Fries - Garden Salad - Mandarin Oranges - Choice of Milk	19 - Chicken Fried Steak - Cream Gravy Mashed Potatoes Corn - Fresh Fruit - Choice of Milk	20 - Chicken Parmesan - Noodles Garlic Roasted Broccoli - Fresh Fruit - Choice of Milk	21 - South of the Border Cheese Burger - Guacamole Pico de gallo Fire Roasted Corn Tater Tots Fresh Fruit - Choice of Milk	22 - Chef's Salad - Garlic Bread - Fresh Fruit Smores' Pudding - Choice of Milk	23 - Chicken Cordon Bleu Sandwich - Steak Fries - Fresh Fruit - Choice of Milk	24 - General Tso's Chicken - White Rice Broccoli Egg Roll - Fresh Fruit - Choice of Milk
25 - Gyro Pita Sandwich or over Greek Salad - Steak Fries - Fresh Fruit - Choice of Milk	26 - Popcorn Chicken - Mashed Potatoes Gravy Corn - Applesauce - Choice of Milk	27 - Cuban Sandwich - Potato Chips Hawaiian Salad - Applesauce - Choice of Milk	28 - Taco Salad - Salsa Shredded Cheese Rice & Beans - Fresh Fruit - Choice of Milk	29 - Ravioli w/ Marinara Sauce - Italian Veggies Garlic Bread - Applesauce - Choice of Milk	30 - French Dip w/ au jus - Broccoli Creamy Macaroni Salad Fresh Fruit - Choice of Milk	