

December 2022



Winchester Breakfast

Breakfast

Clients may choose the main entree or cereal.

Alternative menus for special dietary needs are available.

Fresh fruit is available all day.

Fat free, and 1/2 milk are available.

If you have special requests or concerns, please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
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Richmond Kitchen
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Jasmine Curtis
Kitchen Manager, Berryville
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Lucinda Windham, RD, GM
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 - Sausage Filled Pancake Dippers - Syrup Yogurt - Grapes - Choice of Milk	2 - Ham & Egg Scramble - Biscuit - Fresh Fruit - Choice of Milk	3 - Sausage & cheese Pancake Sandwich - Syrup - Peaches - Choice of Milk
4 - Waffles - Syrup & Butter Yogurt - Fresh Fruit - Choice of Milk	5 - Cereal - Yogurt Fruit Juice - Fruit Cocktail - Choice of Milk	6 - Cinnamon Swirl French Toast - Syrup Yogurt - Fresh Fruit - Choice of Milk	7 - Creamed Chipped Beef - Toast Grapes - Fruit Juice - Choice of Milk	8 - Lemon Blueberry Bar - Yogurt - Peaches - Choice of Milk	9 - Sausage Filled Pancake Dippers - Syrup Yogurt - Fresh Fruit - Choice of Milk	10 - Breakfast Pizza Bagel - - - Fresh Fruit - Choice of Milk
11 - Banana Oat French Toast Casserole - Syrup Scrambled Eggs - Fresh Fruit - Choice of Milk	12 - Mini Maple Waffles - Syrup Yogurt - Fruit Cocktail - Choice of Milk	13 - Bacon & Scrambled Eggs - Toast w/ Jelly - Fresh Fruit - Choice of Milk	14 - Pancakes - Syrup & Butter - Yogurt - Fresh Fruit - Choice of Milk	15 - Ham Egg & Cheese Bagel Sandwich - - - Peaches - Choice of Milk	16 - Waffles - Butter & Syrup Yogurt - Fruit Cocktail - Choice of Milk	17 - Cinnamon Roll - Fruit and Yogurt Parfait - w/ Granola - Turkey Sausage Links - Fresh Fruit - Choice of Milk
18 - Scrambled Eggs - Turkey Sausage Patty Hashbrown Patty - Fresh Fruit - Choice of Milk	19 - Oatmeal w/ Brown Sugar - Chessy Eggs - Fresh Fruit - Choice of Milk	20 - Sausage Patty & Jelly on Croissant - - Grapes - Fruit Juice - Choice of Milk	21 - Bacon Egg and Cheese on Biscuit - - - Fresh Fruit - Choice of Milk	22 - Sausage and Cheese Breakfast Casserole - - Toast Jelly - Fresh Fruit - Choice of Milk	23 - Cinnamon Swirl French Toast - Syrup Yogurt - Fresh Fruit - Choice of Milk	24 - Biscuit and Sausage Gravy - - - Fresh Fruit - Choice of Milk
25 - Mini Maple Waffles w/ Cookie Butter - - Tropical Fruit Salad - Choice of Milk	26 - Bagel w/ Cream Cheese - Canadian bacon Yogurt - Fresh Fruit - Choice of Milk	27 - Baked Chocolate Chip Pancake - Syrup Yogurt - Fresh Fruit - Choice of Milk	28 - Pumpkin Mousse & Greek Yogurt Parfait - Granola - Peaches - Choice of Milk	29 - Sausage Stuffed Pancake Dippers - Syrup Yogurt - Grapes - Choice of Milk	30 - Ham & Egg Scramble - Biscuit - Fresh Fruit - Choice of Milk	31 - French toast Sticks - Syrup - Turkey Sausage Links - Peaches - Fruit Juice - Choice of Milk

USDA is an equal opportunity provider and employer. Menu items are subject to change without notice.