December

2022

4

Pizza Casserole

Potato Wedges

Garden Salad

Pineapple

Choice of Milk

11

Chicken Tenders

Mac & Cheese

Green Beans

Fruit Cocktail

Choice of Milk

18

BBQ Chicken Breast

Baked Beans

Balsamic Pasta Salad

Peaches

Choice of Milk

25

Turkey Club Sandwich

Potato Chips

Pickle Spear

Choice of Milk



Vetz Berryville & Richmond Dinner

Dinner:

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for special dietary needs are available Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact information below:

Drew Landenburger, MS, CNS andrew.c.landenburger@grafton.org 540-955-2400 ext. 7244

Craig Spoor

Kitchen Manager, Richmond 804-674-8888 ext 5133

Jasmine Curtis

Kitchen Manager, Berryville (540) 955-2400 ext. 7210

Lucinda Windham, RD, GM

lucinda.a.windham@grafton.org

Peaches (540) 597-6336 Christmas Cookie

Sunday

Monday

Tuesday

Wednesday

Fried Chicken Mac & Cheese Succotash Warm Spiced Apples

Thursday

Choice of Milk

8 Cheeseburger

Curly Fries Garlic Roasted Broccoli

Almond Joy Cookie Choice of Milk

15

Popcorn Chicken & Mashed Potato Bowl Gravy

Corn **Applesauce**

Choice of Milk

Friday 2

Penne w/ Creamy Pesto Sauce

Garlic Roasted Broccoli Applesauce

Choice of Milk

9

Spaahetti &

Meatballs

Country Style Veggies

Garlic Bread

Fresh Fruit

Choice of Milk

16

Pepperoni & Cheese

Calzone

Garden Salad

Applesauce

Choice of Milk

Saturday

BBQ Pulled Chicken Pile or Sandwich

Sauteed Summer Sauash Creamy Macaroni Salad

Choice of Milk

10

Breakfast for Dinner

Belgian Waffle Bar w/ Strawberry Topping Whipped Cream Chocolate Chips Turkey Sausage Links Fruit Salad

Choice of Milk

17

Salisbury Steak

Mashed Potatoes w/ Gravy

Corn

Peaches

Choice of Milk

24 Crispy Smokehouse Chicken Wrap

Cold Pea Salad Sliced Pears

Choice of Milk

30

Rib Patty Sandwich

Cole Slaw Marinated Veggie Medley **Peaches**

Choice of Milk

31

Scrambled Eggs

Choice of Milk

5

Cheesy Tortilla

Hot Dog

French Fries

Corn on the Cob

Fresh Fruit

12

Fettuccine

Alfredo w/

6

Stuffed Shells

Marinara Sauce

Garden Salad

13

Italian Dunker

Marinara Sauce

Antipasto Salad

Fresh Fruit

Hot Chocolate

Poke Cake

Choice of Milk

Walking Taco Chips Seasoned Ground Beef

Shredded Lettuce Diced Tomataes Shredded Cheese Salsa Sour Cream Peaches

Choice of Milk 14

Corn Dog Bites Cheese Sauce French Fries Succotash

Applesauce

Choice of Milk

21 Potato Chip Crusted

> Fillet of Fish Huspuppies Corn

Applesauce Reindeer Chow

Choice of Milk 28

Spaghetti &

Meat Sauce

22 Ham & Cheese Sandwich

Potato Salad Dorritos

Pineapple

Choice of Milk

23 Cheese Steak

Pizza Roast Carrots Garden Salad

Applesauce

Choice of Milk

Cinnamon Roll

Turkey Sausage Links

Fruit Salad

Choice of Milk Choice of Milk

Chicken Steamed Broccoli

Garlic Knots Pears

Choice of Milk

19

Sloppy Joe

20

Orange Glazed Carrots **Curly Fries** Fresh Fruit

Choice of Milk

26

Beanie Weanie

Tater Tot Casserole

Carrot &

Celery Sticks w/

Ranch

Applesauce

Choice of Milk

Loaded Pizza Fries

Pizza Sauce Mozzerella Cheese Pepperoni Sausage Garden Salad

Choice of Milk

27

Buffalo Chicken Quesadilla

Salsa Sour Cream Corn Rice

Choice of Milk

Italian Veggies Garlic Knots

Applesauce Choice of Milk

29 Corn Dog

Steak Fries Corn Fresh Fruit

Choice of Milk

USDA is an equal opportunity provider and employer. Menu items are subject to change without notice.