

March

2023



Metz
CULINARY MANAGEMENT

Berryville & Richmond Breakfast

Breakfast

Clients may choose the main entree or cereal.

Alternative menus for special dietary needs are available.

Fresh fruit is available all day.

Milk, chocolate milk & fruit juice are available.

If you have special requests or concerns, please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
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Craig Spoor
Kitchen Manager, Richmond
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James DeGaetano
Kitchen Manager, Berryville
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Lucinda Windham, RD, GM
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540-597-6336

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 - Sausage Filled Pancake Dippers - Syrup - Fresh Fruit - - Choice of Milk	2 - Breakfast Pizza Bagel - - - Fresh Fruit - - Choice of Milk	3 - Banana Oat French Toast Casserole - - - Fresh Fruit - - Choice of Milk	4 - Mini Maple Waffles - Syrup - - Fruit Cocktail - - Choice of Milk
5 - Scrambled Eggs - - Toast w/ Jelly - Fresh Fruit - - Choice of Milk	6 - Pancakes - Syrup & Butter - - Fresh Fruit - - Choice of Milk	7 - Ham Egg & Cheese Bagel Sandwich - - - Fresh Fruit - - Choice of Milk	8 - Waffles - Butter & Syrup - - Fruit Cocktail - - Choice of Milk	9 - Cinnamon Roll - - - Fresh Fruit - - Choice of Milk	10 - Scrambled Eggs - Turkey Sausage Patty - - Fresh Fruit - - Choice of Milk	11 - Oatmeal w/ Brown Sugar - Yogurt - Fresh Fruit - - Choice of Milk
12 - Croissant w/ Jelly - - Grapes - Fruit Juice - - Choice of Milk	13 - Bacon Egg and Cheese on Biscuit - - - Fresh Fruit - - Choice of Milk	14 - Ham and Cheese Breakfast Casserole - - - Fresh Fruit - - Choice of Milk	15 - Cinnamon Swirl French Toast - Syrup - - Fresh Fruit - - Choice of Milk	16 - Biscuit and Sausage Gravy - - - Fresh Fruit - - Choice of Milk	17 - Baked Chocolate Chip Pancake - Syrup Yogurt - Fresh Fruit - - Choice of Milk	18 - Bagel w/ Cream Cheese - - Yogurt - Fresh Fruit - - Choice of Milk
19 - Triple Berry French Toast Mini - Syrup - Peaches - - Choice of Milk	20 - Western Omelette - Hashbrown Coins - - Fresh Fruit - - Choice of Milk	21 - Sausage Stuffed Pancake Dippers - Syrup Yogurt Grapes - - Choice of Milk	22 - Ham & Egg Scramble - - - Fresh Fruit - - Choice of Milk	23 - French toast Sticks - Syrup - Peaches - Fruit Juice - - Choice of Milk	24 - - Bacon, Egg, and Cheese Burrito - - Sour Cream Salsa Fresh Fruit - - Choice of Milk	25 - - Strawberry Greek Yogurt Parfait - Granola - Peaches - Choice of Milk
26 - Cereal - - - Yogurt Fruit Cocktail - - Choice of Milk	27 - Sausage & Cheese Pancake Sandwich - - - Grapes - - Choice of Milk	28 - Waffles - - Syrup Butter - Fresh Fruit - - Choice of Milk	29 - Cream Chipped Beef over Toast - - - Grapes - - Choice of Milk	30 - Lemon Blueberry Bar - - - Peaches - - Choice of Milk	31 - - Breakfast Pizza - - - Fresh Fruit - - Choice of Milk	