March 2023 Winchester Breakfast

Metz CULINARY MANAGEMENT

Breakfast

Clients may choose the main entree or cereal.

Alternative menus for special dietary needs are available.

Fresh fruit is available all day.

Milk, chocolate milk and fruit juice are available.

If you have special requests or concerns, please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
540-955-2400 ext. 7244
andrew.c.landenburger@grafton.org

Craig Spoor
Richmond Kitchen
(804) 674-8888 ext. 5133

James DeGaetano
Kitchen Manager, Berryville
(540) 955-2400 ext. 7210

Lucinda Windham, RD, GM
lucinda.a.windham@grafton.org
540-597-6336

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Sausage & Cheese Pancake Sandwich Peaches Choice of Milk	2 Waffles Syrup Butter Fresh Fruit Choice of Milk	3 Sausage Filled Pancake Dippers Syrup Fresh Fruit Choice of Milk	4 Breakfast Pizza Bagel Fresh Fruit Choice of Milk
5 Banana Oat French Toast Casserole Fresh Fruit Choice of Milk	6 Mini Maple Waffles Syrup Fruit Cocktail Choice of Milk	7 Scrambled Eggs Toast w/ Jelly Fresh Fruit Choice of Milk	8 Pancakes Syrup & Butter Fresh Fruit Choice of Milk	9 Ham Egg & Cheese Bagel Sandwich Fresh Fruit Choice of Milk	10 Waffles Butter & Syrup Fruit Cocktail Choice of Milk	11 Cinnamon Roll Fresh Fruit Choice of Milk
12 Scrambled Eggs Turkey Sausage Patty Fresh Fruit Choice of Milk	13 Oatmeal w/ Brown Sugar Yogurt Fresh Fruit Choice of Milk	14 Croissant w/ Jelly Grapes Fruit Juice Choice of Milk	15 Bacon Egg and Cheese on Biscuit Fresh Fruit Choice of Milk	16 Ham and Cheese Breakfast Casserole Fresh Fruit Choice of Milk	17 Cinnamon Swirl French Toast Syrup Fresh Fruit Choice of Milk	18 Biscuit and Sausage Gravy Fresh Fruit Choice of Milk
19 Baked Chocolate Chip Pancake Syrup Yogurt Fresh Fruit Choice of Milk	20 Bagel w/ Cream Cheese Canadian bacon Yogurt Fresh Fruit Choice of Milk	21 Triple Berry French Toast Mini Syrup Peaches Choice of Milk	22 Western Omelette Hashbrown Coins Fresh Fruit Choice of Milk	23 Sausage Stuffed Pancake Dippers Syrup Yogurt Grapes Choice of Milk	24 Ham & Egg Scramble Fresh Fruit Choice of Milk	25 French toast Sticks Syrup Peaches Fruit Juice Choice of Milk
26 Bacon, Egg, and Cheese Burrito Sour Cream Salsa Fresh Fruit Choice of Milk	27 Strawberry Greek Yogurt Parfait Granola Peaches Choice of Milk	28 Cereal Yogurt Fruit Cocktail Choice of Milk	29 Sausage & Cheese Pancake Sandwich Peaches Choice of Milk	30 Waffles Syrup Butter Fresh Fruit Choice of Milk	31 Cream Chipped Beef over Toast Grapes Choice of Milk	

USDA is an equal opportunity provider and employer.
Menu items are subject to change without notice.