

May

2023



Metz
CULINARY MANAGEMENT

Berryville & Richmond Breakfast

Breakfast

Clients may choose the main entree or cereal.

Alternative menus for special dietary needs are available.

Fresh fruit is available all day.

Milk, chocolate milk & fruit juice are available.

If you have special requests or concerns, please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
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Craig Spoor
Kitchen Manager, Richmond
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James DeGaetano
Kitchen Manager, Berryville
(540) 955-2400 ext. 7210

Lucinda Windham, RD, GM
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540-597-6336

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 - Pancakes - Syrup & Butter - Fresh Fruit - Choice of Milk	2 - Breakfast Pizza Bagel - - - Fresh Fruit - Choice of Milk	3 - Waffles - Butter & Syrup - Fruit Cocktail - Choice of Milk	4 - Cinnamon Roll - - - Fresh Fruit - Choice of Milk	5 - Scrambled Eggs - Turkey Sausage Patty - - Fresh Fruit - Choice of Milk	6 - Oatmeal w/ Brown Sugar - Yogurt - Fresh Fruit - Choice of Milk
7 - Croissant w/ Jelly - - Grapes - Fruit Juice - Choice of Milk	8 - Egg and Cheese on Biscuit - - - Fresh Fruit - Choice of Milk	9 - Ham and Cheese Breakfast Casserole - - - Fresh Fruit - Choice of Milk	10 - Cinnamon Swirl French Toast - Syrup - - Fresh Fruit - Choice of Milk	11 - Biscuit and Sausage Gravy - - - Fresh Fruit - Choice of Milk	12 - Baked Chocolate Chip Pancake - Syrup Yogurt - Fresh Fruit - Choice of Milk	13 - Bagel w/ Cream Cheese - - Yogurt - Fresh Fruit - Choice of Milk
14 - Triple Berry French Toast Mini - Syrup - Peaches - Choice of Milk	15 - Western Omelette - Hashbrown Coins - Fresh Fruit - Choice of Milk	16 - Sausage Stuffed Pancake Dippers - Syrup Yogurt Grapes - Choice of Milk	17 - Ham & Egg Scramble - - - Fresh Fruit - Choice of Milk	18 - French toast Sticks - Syrup - Peaches - Fruit Juice - Choice of Milk	19 - Bacon, Egg, and Cheese Burrito - - Sour Cream Salsa Fresh Fruit - Choice of Milk	20 - Strawberry Greek Yogurt Parfait - - Granola - Peaches - Choice of Milk
21 - Cereal - - Yogurt Fruit Cocktail - Choice of Milk	22 - Sausage & Cheese Pancake Sandwich - - Peaches - Choice of Milk	23 - Waffles - - Syrup Butter - Fresh Fruit - Choice of Milk	24 - Cream Chipped Beef over Toast - - - Grapes - Choice of Milk	25 - Lemon Blueberry Bar - - - Peaches - Choice of Milk	26 - - Breakfast Pizza - - Fresh Fruit - Choice of Milk	27 - - Sausage Stuffed Pancake Dippers - Syrup - Fresh Fruit - Choice of Milk
28 - Ham Egg & Cheese Bagel Sandwich - - - - Fresh Fruit - Choice of Milk	29 - Mini Maple Waffles - - Syrup Butter - Fruit Cocktail - Choice of Milk	30 - - Scrambled Eggs - Toast Jelly - - Fresh Fruit - Choice of Milk	31 - - Banana French Toast Casserole - - - - Fresh Fruit - Choice of Milk			