

September 2023



Dinner

**Dinner:**

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for special dietary needs are available  
Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact information below:

**Drew Landenburger, MS, CNS**  
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**Craig Spoor**  
Richmond Kitchen  
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**James DeGaetano**  
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(540) 597-6336

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> Buffalo Chicken Pizza  French Fries Green Beans  Fresh Fruit Choice of Milk	<b>2</b> Italian Sausage Platter or on a Roll  Peppers & Onions Pasta w/ Marinara Sauce  Fresh Fruit Choice of Milk
<b>3</b> Spaghetti & Meat Sauce  Italian Veggies Garlic Knots  Applesauce Choice of Milk	<b>4</b> BBQ Pulled Pork Scoop or Sandwich  Corn on the Cob Bowtie Macaroni Salad Fresh Fruit Choice of Milk	<b>5</b> Crispy Chicken Rodeo Sandwich  Cold Pea Salad  Pears Choice of Milk	<b>6</b> Buffalo chicken Quesadilla  Corn Salsa Sour Cream White Rice Choice of Milk	<b>7</b> Chicken Cheddar Ranch Sub  Broccoli Salad Pears  Candy Apple Salad Choice of Milk	<b>8</b> Fish Sandwich w/ Cheese on Roll  Cole Slaw French Fries  Fresh Fruit Choice of Milk	<b>9</b> Breakfast for Dinner  Cinnamon Roll Scrambled Eggs Turkey Sausage  Fruit Salad Choice of Milk
<b>10</b> Hot Dog  Corn on the Cob Seasoned Green Beans  Fruit Cocktail Choice of Milk	<b>11</b> Taco Casserole - Fire Roasted Corn & Peppers White Rice  Applesauce Choice of Milk	<b>12</b> Fettuccine Alfredo  Steamed Broccoli Garlic Knots Pears  Orange Creamcicle Fudge Choice of Milk	<b>13</b> Buffalo Chicken Dip Over Tortilla Chips  Roast Lemon Parmesean Broccoli Celery Sticks  Fresh Fruit Choice of Milk	<b>14</b> BBQ Rib Sandwich  Cole Slaw Marinated Veggie Medley  Peaches Choice of Milk	<b>15</b> Turkey Club Sandwich  Pickle Spear Potato Chips  Pears Choice of Milk	<b>16</b> Cowboy Burger w/ Cheese Onion Ring & BBQ Sauce  French Fries  Fresh Fruit Choice of Milk
<b>17</b> Loaded Bacon & Cheddar Pierogis  Baked Sweet Potato w/ Butter & Sour Cream Fresh Fruit Choice of Milk	<b>18</b> Pepperoni Calzone  Marinara Sauce Cauliflower Poppers Garden Salad Applesauce Choice of Milk	<b>19</b> Salisbury Steak  Mashed Potatoes w/ Gravy Corn Peaches Choice of Milk	<b>20</b> Beef Nachos Seasoned Ground Beef Shredded Cheese Sour Cream & Salsa Fire Roast Corn & Peppers  Peaches Choice of Milk	<b>21</b> Loaded Pizza Fries  Pizza Sauce Mozzerella Cheese Pepperoni Sausage Caesar Salad Rasin Bran Square Choice of Milk	<b>22</b> Shredded BBQ Chicken Scoop or on a Roll  Baked Beans Coleslaw Cantaloupe Choice of Milk	<b>23</b> Hawaiian Pizza  Cali Blend Veggies Turkey Club Salad Applesauce Choice of Milk
<b>24</b> Stuffed Shells  Marinara Sauce Garlic Bread Antipasto Salad  Pears Choice of Milk	<b>25</b> Breakfast for Dinner Belgian Waffle Bar w/ Strawberry Topping Whipped Cream Chocolate Chips Turkey Sausage Fruit Salad Choice of Milk	<b>26</b> Chicken Fajitas w/  Cheese Salsa Sour Cream Street corn salad Churro Fresh Fruit Choice of Milk	<b>27</b> Hot Ham & Cheese  Potato Salad Dorritos  Apple Crumble Choice of Milk	<b>28</b> BBQ Chicken Breast  Baked Beans Pasta Salad Your Way Bowtie Pasta Salad  Peaches Choice of Milk	<b>29</b> Shephard's Pie  Orange Glazed Carrots  Fresh Fruit Applesauce Choice of Milk	<b>30</b> Chicken Nuggets  Buttered Noodles Lemony Green Beans & Peas  Applesauce Choice of Milk