# January

2024



# Dinner

### Dinner:

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for special dietary needs are available Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact information below:

Drew Landenburger, MS, CNS andrew.c.landenburger@grafton.org 540-955-2400 ext. 7244

Craig Spoor Richmond Kitchen 804-674-8888 ext 5133 James DeGaetano

Lucinda Windham, RD, GM lucinda.a.windham@grafton.org

## Sunday

## Monday Breakfast for Dinner

Belgian Waffle Bar w/ Strawberry Topping Whipped Cream Chocolate Chips Turkey Sausage

Fruit Salad

Choice of Milk 8

Cheeseburger

Casserole

Broccoli

Baby Carrots

Fresh Fruit

Applesauce

# Tuesday

Chicken Fajitas w/

Cheese Salsa Sour Cream Street corn salad Churro Fresh Fruit

Choice of Milk 9

Fried Chicken

# Wednesday

Hot Ham & Cheese

Cream of Potato Soup Pineapple

Hot Cocoa Cookie

Choice of Milk 10

Loaded Pizza Fries

Steak Fries

Pizza Sauce

Mozzerella

Pepperoni

Sausage

# Thursday

BBQ Chicken Breast

Baked Beans Herb Roasted Potatoes

11

BBQ Chicken

**Burrito Bowl** 

Rice

Beans

Corn

Shredded Cheese

Green Onions

Fresh Fruit

Choice of Milk

Choice of Milk

Shepherd's Pie

Orange Glazed Carrots

Friday

Dinner Roll

**Applesauce** 

12

Buffalo Chicken

Pizza

French Fries

Green Beans

Fresh Fruit

Fools Toffee

Choice of Milk

Chicken Nuggets

Saturday

Buttered Noodles Lemony Green Beans& Peas

**Applesauce** 

Choice of Milk

13

Italian Sausage Platter or on Roll

Peppers & Onions Pasta w/ Marinara Sauce

Fresh Fruit Choice of Milk

14

Spaghetti & Meat Sauce

Creamy Pesto Penne

w/ Chicken

Garlic Bread

Steamed Broccoli

Applesauce

Choice of Milk

Italian Veggies Garlic Knots **Applesauce** 

Choice of Milk

Choice of Milk 15

**BBQ** Pulled Pork Scoop or Sandwich

Corn on the Cob Orange Glazed Sweet Potatoes

Choice of Milk

Southern Collards Riscuit Pears

Choice of Milk 16

Crispy Chicken

Rodeo Sandwich

Cold Pea Salad

Pears

Choice of Milk

Garden Salad

17 Chicken & Cheese Quesadilla

> Corn Salsa Sour Cream White Rice

Choice of Milk 24

Chicken Pot Pie

Roast Lemon Parmesea

Broccoli

18

Chicken Cheddar Ranch Sub

Broccoli w/ Cheese Sauce Pears

Shoefly Pie Bar

Choice of Milk 25

BBQ Rib Sandwich

Butternut Squash

Soup

Marinated Vegaie

Medley

Peaches

Choice of Milk

Choice of Milk 19

Fish Sandwich w/ cheese on roll

Cole Slaw French Fries

Fresh Fruit

20

Breakfast for Dinner

Cinnamon Roll Scrambled Eggs Turkey Sausage

Fruit Salad

Choice of Milk

27

Cowboy Burger w/ Cheese Onion Ring & **BBQ** Sauce

French Fries

Fresh Fruit

Kitchen Manager, Berryville (540) 955-2400 ext. 7210

(540) 597-6336

21 Hot Dog

Corn on the Cob Seasoned Green Beans

Fruit Cocktail

Choice of Milk

28

Loaded Bacon &

Cheddar Pierogis

**Baked Sweet Potato** 

Fresh Fruit

Choice of Milk

22 Soft Taco Lasagna

Fire Roasted Corn &

Peppers White Rice

Applesauce

Choice of Milk 29

Pepperoni Calzone

Marinara Sauce

Garden Salad

Applesauce

Choice of Milk

23 Fettuccine Alfredo

Steamed Broccoli Garlic Knots Pears

Chocolate Pecan Bar

Choice of Milk

30

Salisbury Steak

Mashed Potages w/

Gravy

Corn

Peaches

Fresh Fruit

Choice of Milk

Fresh Fruit Choice of Milk

31

**Beef Nachos** 

Shredded Cheese

Salsa Fire Roasted Corn & Peppers

Choice of Milk

Choice of Milk 26

Roast Turkey w/ Gravy

Stuffing Green Beans Pears

Choice of Milk

Choice of Milk

USDA is an equal opportunity provider and employer Menu items are subject to change without notice.