

March

2024



**Metz**  
CULINARY MANAGEMENT

*Dinner*

**Dinner:**

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for special dietary needs are available  
Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact information below:

**Drew Landenburger, MS, CNS**  
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540-955-2400 ext. 7244

**Craig Spoor**  
Richmond Kitchen  
804-674-8888 ext 5133  
**James DeGaetano**  
Kitchen Manager, Berryville  
(540) 955-2400 ext. 7210

**Lucinda Windham, RD, GM**  
[lucinda.a.windham@grifton.org](mailto:lucinda.a.windham@grifton.org)  
(540) 597-6336

Sunday 31-Mar	Monday	Tuesday	Wednesday	Thursday	Friday 1	Saturday 2
Hot Dog Corn on the Cob Broccoli w/ Cheese Sauce Fruit Cocktail Choice of Milk					Roast Turkey w/ Gravy Stuffing Green Beans Pears Choice of Milk	Cowboy Burger w/ Cheese Onion Ring & BBQ Sauce French Fries Fresh Fruit Choice of Milk
3 Loaded Bacon & Cheddar Pierogis Roast Lemon Parmesan Broccoli Fresh Fruit Choice of Milk	4 Pepperoni Calzone Marinara Sauce Garden Salad Applesauce Choice of Milk	5 Salisbury Steak Mashed Potatoes w/ Gravy Corn Peaches Choice of Milk	6 Beef Nachos shredded cheese salsa fire roasted corn & Peppers Pan De Elote Choice of Milk	7 Pizza Burger Roast Zucchini w/ Garlic French Fries Fresh Fruit Choice of Milk	8 Shredded BBQ Chicken Scoop or on a roll Baked Beans Honey & Cinnamon Sweet Potatoes Choice of Milk	9 Hawaiian Pizza Turkey Club Salad Applesauce Choice of Milk
10 Stuffed Shells Marinara Sauce Garlic Bread Antipasto Salad Choice of Milk	11 Breakfast for Dinner Belgian Waffle Bar w/ Strawberry Topping Whipped Cream Chocolate Chips Turkey Sausage Fruit Salad Choice of Milk	12 Chicken Fajitas w/ Cheese Salsa Sour Cream Street corn salad Churro Fresh Fruit Choice of Milk	13 Hot Ham & Cheese Cream of Potato Soup Pineapple Choice of Milk	14 BBQ Chicken Breast Baked Beans Herb Roasted Potatoes Strawberry Mousse Choice of Milk	15 Shepherd's Pie Orange Glazed Carrots Dinner Roll Applesauce Choice of Milk	16 Chicken Nuggets Buttered Noodles Lemony Green Beans & Peas Applesauce Choice of Milk
17 Creamy Pesto Penne w/ Chicken Steamed Broccoli Mozzerella Stuffed Breadstick Applesauce Choice of Milk	18 Cheeseburger Casserole Smashed Broccoli Baby Carrots Fresh Fruit Applesauce Choice of Milk	19 Fried Chicken Southern Collards Biscuit Pears Lucky Charms Treat Choice of Milk	20 Loaded Pizza Fries Pizza Sauce Mozzerella Cheese Pepperoni Sausage Caesar Salad Choice of Milk	21 BBQ Chicken Burrito Bowl Rice Beans Corn Shredded Cheese Green Onions Fresh Fruit Choice of Milk	22 Buffalo Chicken Pizza French Fries Green Beans Fresh Fruit Choice of Milk	23 Italian Sausage Platter or on Roll Peppers & Onions Pasta w/ Marinara Sauce Fresh Fruit Choice of Milk
24 Spaghetti & Meat Sauce Italian Veggies Garlic Knots Applesauce Choice of Milk	25 BBQ Pulled Pork Scoop or Sandwich Corn on the Cob Orange Glazed Sweet Potatoes Choice of Milk	26 Crispy Chicken Rodeo Sandwich Cold Pea Salad Pears Choice of Milk	27 Chicken & Cheese Quesadilla Corn Salsa Sour Cream White Rice Choice of Milk	28 Asian Pork Bowl Street Eats! Egg Roll Seasoned Green Beans Pears Choice of Milk	29 Fish Sandwich w/ cheese on roll Cole Slaw French Fries Fresh Fruit Carrot Cake Blondie Choice of Milk	30 Breakfast for Dinner Cinnamon Roll Scrambled Eggs Turkey Sausage Fruit Salad Choice of Milk