

March

2024



Metz
CULINARY MANAGEMENT

Lunch

Lunch:

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for special dietary needs are available

Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
540-955-2400 ext. 7244
andrew.c.landenburger@grafton.org

Craig Spoor
Kitchen Manager, Richmond
(804) 674-8888 ext. 5133

James DeGaetano
Kitchen Manager, Berryville
(540) 955-2400 ext. 7210

Lucinda Windham, RD, GM
lucinda.a.windham@grafton.org
540-597-6336

Sunday 31-Mar	Monday	Tuesday	Wednesday	Thursday	Friday 1	Saturday 2
Glazed Ham Scalloped Potatoes Roast Asparagus Dinner Roll Fresh Fruit Chocolate Egg Cookies Choice of Milk					Hot Dog Baked Beans French Fries Applesauce Choice of Milk	Chicken Patty Sandwich Corn & Green Bean Casserole Buttered Noodles Fresh Fruit Choice of Milk
3 Meatball Sub Marinara Sauce Steak Fries Garden Salad Mandarin Oranges Choice of Milk	4 BBQ Chicken Breast Scalloped Potatoes Corn on the Cob Sliced Pears Choice of Milk	5 Spaghetti & Meat Balls w/ Spaghetti Sauce Garlic Knot Italian Veggies Fresh Fruit Choice of Milk	6 Fried Chicken Biscuit Succotash Peaches Choice of Milk	7 Corn Dog French Fries Cali Blend Veggies Peaches Eclair Cake Choice of Milk	8 Grilled Cheese Sandwich Tomato Soup Potato Wedges Applesauce Choice of Milk	9 General Tso's Chicken Lo Mein Noodles Street Eats! Broccoli Fresh Fruit Choice of Milk
10 Cheeseburger Lettuce, Tomato, Pickle Slices French Fries Fruit Cocktail Choice of Milk	11 Beef Burrito Rice Corn Salsa Fresh Fruit Choice of Milk	12 Chili Cheese Dog Smokey BBQ Beans Potato Wedges Applesauce Oreo Cheesecake Bars Choice of Milk	13 Asian Chicken Bowl Street Eats! Egg Roll Asian Red Pepper and Carrot Salad Fresh Fruit Choice of Milk	14 Steak and Cheese Sub Peppers & Onions Onion Rings Applesauce Choice of Milk	15 Cheese Pizza Cucumber Tomato Salad Tropical Fruit Cup Choice of Milk	16 Ravioli w/ Spaghetti Sauce Italian Veggies Garlic Bread Applesauce Choice of Milk
17 Bangers & Mash w/ Gravy Peas Applesauce Leprechaun Bait Choice of Milk	18 Chicken Mashed Potato & Gravy Bowl Corn Warm Spiced Apples Choice of Milk	19 Corn Dog Bites w/ Cheese Sauce French Fries Peas & Carrots Applesauce Choice of Milk	20 Chicken & Waffle Sandwich Zesty Country Green Beans Pears Choice of Milk	21 Cheeseburger Lettuce, Tomato Pickle Slices Potato Wedges Corn on the Cob Fresh Fruit Choice of Milk	22 Fish Sticks Mac & Cheese Cole Slaw Applesauce Choice of Milk	23 Beef & Cheese Quesadilla Salsa Sour Cream Red Beans & Rice Applesauce Choice of Milk
24 Chicken Tenders French Fries Roll Applesauce Choice of Milk	25 Boneless Wings w/ Choice of Sauce (BBQ, Honey Mustard, Buffalo) Celery w/ Ranch Smokey BBQ Beans Fresh Fruit Choice of Milk	26 Beef Tacos Spanish Rice Salsa Fire Roasted Corn Cheese Shredded lettuce Fresh Fruit Choice of Milk	27 Lasagna Italian Veggies Applesauce Choice of Milk	28 Cheeseburger Lettuce, Tomato Pickle Slices Parmesan Roasted Broccoli Tater Tots Fresh Fruit Choice of Milk	29 Pepperoni Pizza Caesar Salad Baby Carrots Jello Fresh Fruit Choice of Milk	30 Chicken Nachos Salsa Sour Cream Fire Roasted Corn & Peppers Fresh Fruit Choice of Milk