

April

2024



Breakfast

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Clients may choose the main entree or cereal.

Alternative menus for special dietary needs are available.

Fresh fruit is available all day.

Milk, chocolate milk and fruit juice are available.

If you have special requests or concerns, please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
540-955-2400 ext. 7244
andrew.c.landenburger@grafton.org

Richmond Kitchen
(804) 674-8888 ext. 5133

James DeGaetano
Kitchen Manager, Berryville
(540) 955-2400 ext. 7210
Lucinda Windham, RD, GM
lucinda.a.windham@grafton.org
540-597-6336

Sunday

1
Sausage & Cheese Pancake Sandwich
Peaches
Choice of Milk

Monday

1
Sausage & Cheese Pancake Sandwich
Peaches
Choice of Milk

Tuesday

2
French Toast Sticks
Syrup Bacon
Fresh Fruit
Choice of Milk

Wednesday

3
Cream Chipped Beef over Toast
Grapes
Choice of Milk

Thursday

4
Blueberry Breakfast Bar
Yogurt
Peaches
Choice of Milk

Friday

5
Ham & Egg Scramble
Hashbrown Patty
Fresh Fruit
Choice of Milk

Saturday

6
Mini Maple Waffles
Yogurt Syrup
Fruit Cocktail
Choice of Milk

7

Cinnamon Swirl French Toast
Syrup
Yogurt
Fresh Fruit
Choice of Milk

8

Egg and Cheese on Biscuit
Fresh Fruit
Choice of Milk

9

Breakfast Pizza Bagel
Fresh Fruit
Choice of Milk

10

Sausage Stuffed Pancake Dipper
Butter & Syrup
Grapes
Choice of Milk

11

Berry Tasty French Toast Casserole
Fresh Fruit
Choice of Milk

12

Scrambled Eggs
Turkey Sausage Patty
Toast
Butter & Jelly
Fresh Fruit
Choice of Milk

13

Cinnamon Roll
Yogurt
Peaches
Choice of Milk

14

Croissant w/ Jelly
Grapes
Fruit Juice
Choice of Milk

15

Pancakes
Syrup and Butter
Scrambled Eggs
Fresh Fruit
Choice of Milk

16

Bacon & Cheese Breakfast Casserole
Hashbrown Patty
Fresh Fruit
Choice of Milk

17

Ham Egg & Cheese bagel Sandwich
Fresh Fruit
Choice of Milk

18

Biscuit and Sausage Gravy
Fresh Fruit
Choice of Milk

19

Waffles
Syrup & Butter
Canadian Bacon
Fresh Fruit
Choice of Milk

20

Bagel w/ Cream Cheese
Fresh Fruit
Choice of Milk

21

Triple Berry French Toast Mini
Syrup
Yogurt
Peaches
Choice of Milk

22

Cheese Omelette
English Muffin
Butter
Jelly
Fresh Fruit
Choice of Milk

23

Waffles
Butter & Syrup
Turkey Sausage Links
Fruit Cocktail
Choice of Milk

24

Breakfast Pizza
Fresh Fruit
Choice of Milk

25

Baked Chocolate Chip Pancake
Syrup & Butter
Yogurt
Fresh Fruit
Choice of Milk

26

Bacon, Egg, & Cheese Burrito
Sour Cream Salsa
Fresh Fruit
Choice of Milk

27

Strawberry Greek Yogurt Parfait
Granola
Peaches
Choice of Milk

28

Apple Cinnamon Crumb Muffin
Yogurt
Fruit Cocktail
Choice of Milk

29

Sausage & Cheese Pancake Sandwich
Peaches
Choice of Milk

30

French Toast Sticks
Syrup Bacon
Fresh Fruit
Choice of Milk