# April

2024



# Lunch

### Lunch:

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for special dietary needs are available

> Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact information below:

Drew Landenburger, MS, CNS Dietitian 540-955-2400 ext. 7244 andrew.c.landenburger@grafton.org

> Richmond Kitchen (804) 674-8888 ext. 5133

James DeGaetano Kitchen Manager, Berryville

(540) 955-2400 ext. 7210 Lucinda Windham, RD, GM lucinda.a.windham@grafton.org 540-597-6336

Sunday

# Monday

### Korean Beef Tacos

Asian Carrot & Pepper Slaw White Rice

> Sliced Pears Choice of Milk

> > 8

Butter Chicken

Seasoned Green Beans

White Rice

Naan Bread

Papaya Mango

Fruit Cup Choice of Milk

15

**Beef Burrito** 

Cilantro Lime Rice

Corn Salsa

22

Chicken Mashed Potato

& Gravy Bowl

Corn

Fresh Fruit

Hummingbird Cake

Choice of Milk

Tuesday 2

#### Dry Rubbed BBQ Chicken

Corn on the Cob Potato Salad Whole Wheat Roll

Fresh Fruit

9

Ravioli w/

Spaghetti Sauce

Italian Veggies

Garlic Bread

Applesauce

Choice of Milk

Choice of Milk

Wednesday

#### Spaghetti & Meatsauce

Parmesan Cheese Roast Zucchini Mozzarella Stuffed Breadstick Applesauce

Choice of Milk 10

Fried Chicken

**Biscuit** 

Succotash

Peaches

Choice of Milk

17

# Thursday

Caprese Pasta Salad Carrots the Good Way Applesauce

## Chicken Tenders

11

Corn Dog

French Fries

Cali Blend Veggies

Peaches

Lemon Bar

Choice of Milk

18

Choice of Milk

# Friday

Hot Dog

Baked Beans Sidewinder Fries

Applesauce Smores' Brownie Bar

> Choice of Milk 12

> Potato Wedges

Applesauce

Choice of Milk

19

Cheese Pizza

Cucumber Tomato

Salad

# Saturday

Chicken Patty Sandwich

Corn & Green Bean Casserole

Fresh Fruit

Choice of Milk

### 13

Chicken

Grilled Cheese General Tso's Sandwich

Tomato Soup Lo Mein Noodles

Broccoli

Fresh Fruit

Choice of Milk

# 20

Spaghetti & Meat Balls

w/ Spaghetti Sauce

Garlic Knot

Italian Veggies

# 14

Meatball Sub

Marinara Sauce

Steak Fries

Garden Salad

Mandarin Oranges

Choice of Milk

#### Cheeseburger

Lettuce, Tomato, Pickle Slices French Fries

Fruit Cocktail

Choice of Milk 21

Chicken Parmesan

Pasta w/

Marinara

Garlic Roasted

Broccoli Fresh Fruit

Choice of Milk

Fresh Fruit Choice of Milk

16 Chili Cheese Dog

Smokev BBQ Beans Bowtie Pasta Salad

**Applesauce** 

Choice of Milk 23

Corn Dog Bites

w/ Cheese Sauce

French Fries

Peas & Carrots

**Applesauce** 

Grilled Chicken BLT

Potato Salad

Pineapple Strawberry Pretzel Salad

Choice of Milk

24

### Chicken & Waffle Sandwich

Zesty Country Green Beans

Pears

Choice of Milk

Steak and Cheese Sub

Choice of Milk

25

Cheeseburger

Lettuce. Tomato

Pickle Slices

Sidewinder Fries

Corn on the Cob

Street Eats!

Nachos Peppers & Onions Tropical Fruit Cup Applesauce

Choice of Milk

26

Fish Sticks

Mac & Cheese

Cole Slaw

Fresh Fruit

Choice of Milk

### 27

#### Beef & Cheese Quesadilla

Salsa Sour Cream Red Beans & Rice

Applesauce

Choice of Milk

### 28 Chicken Tenders

French Fries Roll

Applesauce

Choice of Milk

29

#### Boneless Wings w/ Choice of Sauce (BBQ, Honey Mustard, Buffalo)

Celery w/ Ranch Loaded Potato Salad Fresh Fruit

Choice of Milk

Choice of Milk 30

Walking Taco

Street Eats!

Fire Roasted Corn Spanish Rice Fresh Fruit Choice of Milk

Fresh Fruit Choice of Milk **Applesauce** 

Choice of Milk

USDA is an equal opportunity provider and employer. Menu Subject to Change Due to Prduct Availability