

May

2024



Metz
CULINARY MANAGEMENT

Lunch

Lunch:

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for special dietary needs are available

Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
540-955-2400 ext. 7244
andrew.c.landenburger@grifton.org

Richmond Kitchen
(804) 674-8888 ext. 5133

James DeGaetano
Kitchen Manager, Berryville
(540) 955-2400 ext. 7210

Lucinda Windham, RD, GM
lucinda.a.windham@grifton.org
540-597-6336

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Italian Grilled Chicken Bruschetta Sandwich Baby Carrots Penne w/ Olive Oil Applesauce Choice of Milk	2 Cheeseburger Lettuce, Tomato Pickle Slices Parmesan Roasted Broccoli Tater Tots Fresh Fruit Choice of Milk	3 Pepperoni Pizza Caesar Salad Baby Carrots Jello Fresh Fruit Choice of Milk	4 Chicken Nachos Salsa Sour Cream Fire Roasted Corn & Peppers Fresh Fruit Choice of Milk
5 Chicken Nuggets Mac & Cheese Green Beans French Fries Applesauce Choice of Milk	6 Korean Beef Tacos Asian Carrot & Pepper Slaw White Rice Sliced Pears Choice of Milk	7 Dip & Dust Chicken Wings Street Eats! Celery & Carrots w/ Ranch French Fries Fresh Fruit Choice of Milk	8 Spaghetti & Meatsauce Parmesan Cheese Roast Zucchini Mozzarella Stuffed Breadstick Applesauce Choice of Milk	9 Chicken Tenders Caprese Pasta Salad Carrots the Good Way Applesauce Choice of Milk	10 Hot Dog Baked Beans Sidewinder Fries Applesauce Choice of Milk	11 Chicken Patty Sandwich Corn & Green Bean Casserole Fresh Fruit Banana Pudding Choice of Milk
12 Meatball Sub Marinara Sauce Steak Fries Garden Salad Mandarin Oranges Choice of Milk	13 Butter Chicken Seasoned Green Beans White Rice Naan Bread Papaya Mango Fruit Cup Choice of Milk	14 Ravioli w/ Spaghetti Sauce Italian Veggies Garlic Bread Applesauce Triple Berry Crisp Choice of Milk	15 Fried Chicken Biscuit Succotash Peaches Choice of Milk	16 Corn Dog French Fries Cali Blend Veggies Jello Peaches Choice of Milk	17 Grilled Cheese Sandwich Tomato Soup Potato Wedges Applesauce Choice of Milk	18 General Tso's Chicken Lo Mein Noodles Broccoli Fresh Fruit Choice of Milk
19 Cheeseburger Lettuce, Tomato, Pickle Slices French Fries Fruit Cocktail Choice of Milk	20 Beef Burrito Cilantro Lime Rice Corn Salsa Fresh Fruit Choice of Milk	21 Chili Cheese Dog Smokey BBQ Beans Bowtie Pasta Salad Applesauce Choice of Milk	22 Grilled Chicken BLT Potato Salad Pineapple Pound Cake Choice of Milk	23 Steak and Cheese Sub Peppers & Onions French Fries Applesauce Choice of Milk	24 Cheese Pizza Cucumber Tomato Salad Tropical Fruit Cup Choice of Milk	25 Spaghetti & Meat Balls w/ Spaghetti Sauce Garlic Knot Italian Veggies Fresh Fruit Choice of Milk
26 Chicken Parmesan Pasta w/ Marinara Garlic Roasted Broccoli Fresh Fruit Choice of Milk	27 Hot Dog & Cheeseburger w/ Lettuce, Tomato & Pickle Slices Creamy Macaroni Salad Chips Berry Ambrosia Salad Choice of Milk	28 Corn Dog Bites w/ Cheese Sauce Onion Rings Peas & Carrots Applesauce Choice of Milk	29 BBQ Chicken & Waffle Sandwich Street Eats! Zesty Country Green Beans Pears Choice of Milk	30 Chicken Mashed Potato & Gravy Bowl Corn Warm Spiced Apples Choice of Milk	31 Fish Sticks Mac & Cheese Cole Slaw Applesauce Choice of Milk	