

October

2024



Breakfast

Breakfast

Clients may choose the main entree or cereal.

Alternative menus for special dietary needs are available.

Fresh fruit is available all day.

Milk, chocolate milk and fruit juice are available.

If you have special requests or concerns, please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
540-955-2400 ext. 7244
andrew.c.landenburger@grafton.org

Keaton Contini
Kitchen Manager, Richmond
(804) 674-8888 ext. 5133

James DeGaetano
Kitchen Manager, Berryville
(540) 955-2400 ext. 7210

Lucinda Windham, RD, GM
lucinda.a.windham@grafton.org
540-597-6336

Sunday	Monday	Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5
		Bacon & Cheese Breakfast Casserole Hashbrown Patty Fresh Fruit Choice of Milk	Ham Egg & Cheese Biscuit Fresh Fruit Choice of Milk	Pumpkin Pie Breakfast Bar Yogurt Warm Spiced Apples Choice of Milk	Biscuit and Sausage Gravy Fresh Fruit Choice of Milk	Bagel w/ Cream Cheese Fresh Fruit Choice of Milk
6 Triple Berry French Toast Mini Syrup Yogurt Peaches Choice of Milk	7 Cheese Omelette English Muffin Butter Jelly Fresh Fruit Choice of Milk	8 Waffles Butter & Syrup Turkey Sausage Links Fruit Cocktail Choice of Milk	9 Breakfast Pizza Fresh Fruit Choice of Milk	10 Baked Chocolate Chip Pancake Syrup & Butter Yogurt Fresh Fruit Choice of Milk	11 Bacon, Egg, & Cheese Burrito Sour Cream Salsa Fresh Fruit Choice of Milk	12 Mixed Berry Oat Parfait Peaches Choice of Milk
13 Apple Cinnamon Crumb Muffin Yogurt Fruit Cocktail Choice of Milk	14 Sausage & Cheese Pancake Sandwich Peaches Choice of Milk	15 French Toast Sticks Syrup Bacon Fresh Fruit Choice of Milk	16 Cream Chipped Beef over Toast Grapes Choice of Milk	17 Ham & Egg Scramble Hashbrown Patty Fresh Fruit Choice of Milk	18 Blueberry Breakfast Bar Yogurt Peaches Choice of Milk	19 Mini Maple Waffles Yogurt Syrup Fruit Cocktail Choice of Milk
20 Cinnamon Swirl French Toast Syrup Yogurt Fresh Fruit Choice of Milk	21 Egg and Cheese on Biscuit Fresh Fruit Choice of Milk	22 Breakfast Pizza Bagel Fresh Fruit Choice of Milk	23 Sausage Stuffed Pancake Dipper Butter & Syrup Grapes Choice of Milk	24 Berry Tasty French Toast Casserole Fresh Fruit Choice of Milk	25 Scrambled Eggs Turkey Sausage Patty Toast Butter & Jelly Fresh Fruit Choice of Milk	26 Cinnamon Roll Yogurt Peaches Choice of Milk
27 Croissant w/ Jelly Grapes Fruit Juice Choice of Milk	28 Pancakes Syrup and Butter Scrambled Eggs Fresh Fruit Choice of Milk	29 Bacon & Cheese Breakfast Casserole Hashbrown Patty Fresh Fruit Choice of Milk	30 Ham Egg & Cheese Biscuit Fresh Fruit Choice of Milk	31 Booberry Parfait Fresh Fruit Choice of Milk		