

November 2024



Breakfast

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Clients may choose the main entree or cereal.

Alternative menus for special dietary needs are available.

Fresh fruit is available all day.

Milk, chocolate milk and fruit juice are available.

If you have special requests or concerns, please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
540-955-2400 ext. 7244
andrew.c.landenburger@grifton.org

Keaton Contini
Kitchen Manager, Richmond
(804) 674-8888 ext. 5133

James DeGaetano
Kitchen Manager, Berryville
(540) 955-2400 ext. 7210

Lucinda Windham, RD, GM
lucinda.a.windham@grifton.org
540-597-6336

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Biscuit and Sausage Gravy Fresh Fruit Choice of Milk	2 Bagel w/ Cream Cheese Fresh Fruit Choice of Milk
3 Triple Berry French Toast Mini Syrup Yogurt Peaches Choice of Milk	4 Cheese Omelette English Muffin Butter Jelly Fresh Fruit Choice of Milk	5 Waffles Butter & Syrup Turkey Sausage Links Fruit Cocktail Choice of Milk	6 Breakfast Pizza Fresh Fruit Choice of Milk	7 Baked Chocolate Chip Pancake Syrup & Butter Yogurt Fresh Fruit Choice of Milk	8 Bacon, Egg, & Cheese Burrito Sour Cream Salsa Fresh Fruit Choice of Milk	9 Mixed Berry Oat Parfait Peaches Choice of Milk
10 Apple Cinnamon Crumb Muffin Yogurt Fruit Cocktail Choice of Milk	11 Sausage & Cheese Pancake Sandwich Peaches Choice of Milk	12 French Toast Sticks Syrup Bacon Fresh Fruit Choice of Milk	13 Cream Chipped Beef over Toast Grapes Choice of Milk	14 Ham & Egg Scramble Hashbrown Patty Fresh Fruit Choice of Milk	15 Blueberry Breakfast Bar Yogurt Peaches Choice of Milk	16 Mini Maple Waffles Yogurt Syrup Fruit Cocktail Choice of Milk
17 Cinnamon Swirl French Toast Syrup Yogurt Fresh Fruit Choice of Milk	18 Egg and Cheese on Biscuit Fresh Fruit Choice of Milk	19 Breakfast Pizza Bagel Fresh Fruit Choice of Milk	20 Sausage Stuffed Pancake Dipper Butter & Syrup Grapes Choice of Milk	21 Berry Tasty French Toast Casserole Fresh Fruit Choice of Milk	22 Scrambled Eggs Turkey Sausage Patty Toast Butter & Jelly Fresh Fruit Choice of Milk	23 Cinnamon Roll Yogurt Peaches Choice of Milk
24 Croissant w/ Jelly Grapes Fruit Juice Choice of Milk	25 Pancakes Syrup and Butter Scrambled Eggs Fresh Fruit Choice of Milk	26 Bacon & Cheese Breakfast Casserole Hashbrown Patty Fresh Fruit Choice of Milk	27 Ham Egg & Cheese Biscuit Fresh Fruit Choice of Milk	28 Pumpkin Bread w/ Streusel Topping Yogurt Warm Spiced Apples Choice of Milk	29 Biscuit and Sausage Gravy Fresh Fruit Choice of Milk	30 Bagel w/ Cream Cheese Fresh Fruit Choice of Milk