

November 2024



Richmond Lunch

Lunch:

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for special dietary needs are available

Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
540-955-2400 ext. 7244
andrew.c.landenburger@grifton.org

Keaton Contini
Kitchen Manager, Richmond
(804) 674-8888 ext. 5133

James DeGaetano
Kitchen Manager, Berryville
(540) 955-2400 ext. 7210

Lucinda Windham, RD, GM
lucinda.a.windham@grifton.org
540-597-6336

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|--|--|
| | | | | | 1 Hot Dog Baked Beans Sidewinder Fries Rainbow Slaw w/ Lemon Dressing Applesauce Chef's Choice Dessert Choice of Milk | 2 Chicken Patty Sandwich Corn & Green Bean Casserole Mixed Fruit Salad Choice of Milk |
| 3 Meatball Sub Marinara Sauce Steak Fries Garden Salad Mandarin Oranges Choice of Milk | 4 Butter Chicken Seasoned Green Beans White Rice Naan Bread Papaya Mango Fruit Cup Choice of Milk | 5 Ravioli w/ Spaghetti Sauce Italian Veggies Garlic Bread Applesauce Choice of Milk | 6 Fried Chicken Biscuit Corn on the Cob Warm Spiced Apples Choice of Milk | 7 Chili Con Corn Dog Street Eats! French Fries Cali Blend Veggies Peaches Choice of Milk | 8 Beef Stew Cauliflower Casserole Cornbread Applesauce Chef's Choice Dessert Choice of Milk | 9 General Tso's Chicken Lo Mein Noodles Broccoli Fresh Fruit Choice of Milk |
| 10 Cheeseburger Lettuce, Tomato, Pickle Slices French Fries Fruit Cocktail Choice of Milk | 11 Fish Wings w/ Old Bay Sauce Mac & Cheese Collard Greens Fresh Fruit Choice of Milk | 12 Chili Cheese Dog Smokey BBQ Beans Potato Wedges Applesauce Choice of Milk | 13 Chicken & Dumplings Seasoned Green Beans Fresh Fruit Choice of Milk | 14 Steak and Cheese Sub Peppers & Onions French Fries Applesauce Choice of Milk | 15 Cheese Pizza Cucumber Tomato Salad Tropical Fruit Cup Chef's Choice Dessert Choice of Milk | 16 Spaghetti & Meat Balls w/ Spaghetti Sauce Garlic Knot Italian Veggies Fresh Fruit Choice of Milk |
| 17 Chicken Tenders French Fries Roll Applesauce Choice of Milk | 18 Grilled Cheese Sandwich Tomato Soup Smashed Broccoli Pears Choice of Milk | 19 Corn Dog Bites w/ Hot Honey Drizzle Street Eats! Celery w/ Ranch Onion Rings Choice of Milk | 20 Chicken Mashed Potato & Gravy Bowl Corn Butter Roll Peaches Choice of Milk | 21 Cheeseburger Lettuce, Tomato Pickle Slices Sidewinder Fries Corn on the Cob Fresh Fruit Choice of Milk | 22 Tuna Melt Green Beans Applesauce Chef's Choice Dessert Choice of Milk | 23 Beef & Cheese Quesadilla Salsa Sour Cream Red Beans & Rice Applesauce Choice of Milk |
| 24 Chicken Parmesan Pasta w/ Marinara Garlic Roasted Broccoli Fresh Fruit Choice of Milk | 25 Turkey w/ Gravy Stuffing Scalloped Potatoes Cranberry Sauce Roast Broccoli Chef's Choice Dessert Choice of Milk | 26 Beef Tacos White Rice Salsa Fire Roasted Corn Cheese Shredded lettuce Fresh Fruit Choice of Milk | 27 Lasagna Italian Veggies Garlic Bread Applesauce Choice of Milk | 28 Turkey w/ Gravy Stuffing Mashed Potatoes Green Beans Cranberry Sauce Pumpkin Pie Choice of Milk | 29 Pepperoni Pizza Caesar Salad Baby Carrots w/ Ranch Jello Applesauce Choice of Milk | 30 Chicken Nachos Salsa Sour Cream Fire Roasted Corn & Peppers Fresh Fruit Choice of Milk |