

January

2025



# Richmond Lunch

**Lunch:**

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for special dietary needs are available

Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact information below:

**Drew Landenburger, MS, CNS**  
Dietitian  
540-955-2400 ext. 7244  
[andrew.c.landenburger@grafton.org](mailto:andrew.c.landenburger@grafton.org)

**Keaton Contini**  
Kitchen Manager, Richmond  
(804) 674-8888 ext. 5133

**James DeGaetano**  
Kitchen Manager, Berryville  
(540) 955-2400 ext. 1210

**Lucinda Windham, RD, GM**  
[lucinda.a.windham@grafton.org](mailto:lucinda.a.windham@grafton.org)  
540-597-6336

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Lasagna Italian Veggies Garlic Bread Applesauce Choice of Milk	2 Cheeseburger Lettuce, Tomato Pickle Slices Parmesan Roasted Broccoli Tater Tots Fresh Fruit Choice of Milk	3 Pepperoni Pizza Caesar Salad Baby Carrots w/ Ranch Jello Applesauce Chef's Choice Dessert Choice of Milk	4 Chicken Nachos Salsa Sour Cream Corn Fresh Fruit Choice of Milk
5 Chicken Nuggets Mac & Cheese Green Beans French Fries Applesauce Choice of Milk	6 Korean Beef Tacos Asian Carrot & Pepper Slaw Rice Sliced Pears Choice of Milk	7 Dry Rubbed BBQ Chicken Corn Casserole Butter Roll Pineapple Choice of Milk	8 Spaghetti & Meatsauce Parmesan Cheese Parm Roasted Zucchini Mozzarella Stuffed Breadstick Applesauce Choice of Milk	9 Chicken Tenders Buttered Noodles Broccoli & Cheese Soup Applesauce Choice of Milk	10 Hot Dog Baked Beans Sidewinder Fries Rainbow Slaw w/ Lemon Dressing Applesauce Chef's Choice Dessert Choice of Milk	11 Chicken Patty Sandwich Corn & Green Bean Casserole Mixed Fruit Salad Choice of Milk
12 Meatball Sub Marinara Sauce Steak Fries Garden Salad Mandarin Oranges Choice of Milk	13 Butter Chicken Seasoned Green Beans White Rice Naan Bread Papaya Mango Fruit Cup Choice of Milk	14 Ravioli w/ Spaghetti Sauce Italian Veggies Garlic Bread Applesauce Choice of Milk	15 Fried Chicken Biscuit Corn on the Cob Warm Spiced Apples Choice of Milk	16 Corn Dog Street Eats! Chili Cheese Fries Peaches Cali Blend Veggies Choice of Milk	17 Beef Stew Cauliflower Casserole Cornbread Applesauce Chef's Choice Dessert Choice of Milk	18 General Tso's Chicken Lo Mein Noodles Broccoli Fresh Fruit Choice of Milk
19 Cheeseburger Lettuce, Tomato, Pickle Slices French Fries Fruit Cocktail Choice of Milk	20 Bean & Cheese Burrito Cilantro Lime Rice Corn Salsa Fresh Fruit Choice of Milk	21 Chili Cheese Dog Smokey BBQ Beans Potato Wedges Applesauce Choice of Milk	22 Chicken Pot Pie Seasoned Green Beans Fresh Fruit Choice of Milk	23 Steak and Cheese Sub Peppers & Onions French Fries Applesauce Choice of Milk	24 Cheese Pizza Cucumber Tomato Salad Tropical Fruit Cup Chef's Choice Dessert Choice of Milk	25 Spaghetti & Meat Balls w/ Spaghetti Sauce Garlic Knot Italian Veggies Fresh Fruit Choice of Milk
26 Chicken Tenders French Fries Roll Applesauce Choice of Milk	27 Grilled Cheese Sandwich Tomato Soup Roast Broccoli Pears Choice of Milk	28 Corn Dog Bites w/ Cheese Sauce Onion Rings Peas & Carrots Applesauce Choice of Milk	29 Chicken Mashed Potato & Gravy Bowl Corn Butter Roll Peaches Choice of Milk	30 Cheeseburger Lettuce, Tomato Pickle Slices Sidewinder Fries Corn on the Cob Fresh Fruit Choice of Milk	31 Tuna Melt Green Beans Applesauce Chef's Choice Dessert Choice of Milk	