November 2026

Metz CULINARY MANAGEMENT

Breakfast

Breakfast

Clients may choose the main entree or cereal.

Alternative menus for client's special dietary needs are available

Fresh fruit is available all day.

Milk, chocolate milk and fruit juice are available.

If you have special requests or concerns, please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
540-955-2400 ext. 8946
andrew.c.landenburger@grafton.org

Richmond Kitchen
(804) 674-8888 ext. 6579

James DeGaetano
Kitchen Manager, Berryville
(540) 955-2400 ext. 8947

Lucinda Windham, RD, GM
lucinda.a.windham@grafton.org
540-486-6338

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Trix French Toast Minis Syrup Yogurt Pineapple Cup Choice of Milk	**2** Cheese Omelettte Bacon English Muffin Butter & Jelly Fresh Fruit Choice of Milk	**3** Waffles Syrup & Butter Turkey Sausage Links Fresh Baked Maple Apples Choice of Milk	**4** Breakfast Pizza Grapes Choice of Milk	**5** Pumpkin Bread w/ Streusel Topping Bacon Fresh Fruit Salad Choice of Milk	**6** Bacon, Egg, & Cheese Burrito Sour Cream Salsa Fresh Fruit Choice of Milk	**7** Mini Maple Waffles Yogurt Syrup Fruit Cocktail Choice of Milk
8 Apple Cinnamon Crumb Muffin Yogurt Papaya & Mango Cup Choice of Milk	**9** Sausge & Cheese Pancake Sandwich Peaches Choice of Milk	**10** Pancakes w/ Pumpkin Spiced Whipped Maple Butter Syrup Scrambled Eggs Fresh Fruit Choice of Milk	**11** Cinnamon Roll Turkey Sausage Patty Scrambled Eggs Grapes Choice of Milk	**12** Bacon & Cheese Breakfast Casserole Hashbrown Patty Fresh Fruit Choice of Milk	**13** Blueberry Breakfast Bar Yogurt Tropical Fruit Salad Choice of Milk	**14** Mixed Berry Oat Parfait Mandarin Oranges Choice of Milk
15 Fruit Loops Flavored Waffle Syrup Yogurt Fresh Fruit Choice of Milk	**16** Egg and Cheese on Biscuit Fresh Fruit Choice of Milk	**17** Breakfast Pizza Bagel Fresh Fruit Choice of Milk	**18** Crème Brulee French Toast Bake Butter & Syrup Yogurt Grapes Choice of Milk	**19** Bacon Egg & Cheese Frittata Fresh Fruit Choice of Milk	**20** Scrambled Eggs Turkey Sausage Patty Toast Butter & Jelly Fresh Fruit Choice of Milk	**21** Cinnamon Roll Yogurt Peaches Choice of Milk
22 Croissant w/ Jelly Grapes Fruit Juice Choice of Milk	**23** Pancakes Syrup and Butter Bacon Mandarin Oranges Maple Apples Choice of Milk	**24** Creamy Maple Oatmeal Scrambled Eggs Fresh Fruit Choice of Milk	**25** Ham Egg & Cheese Biscuit Fresh Fruit Choice of Milk	**26** Mini Maple Waffles Syrup Yogurt Grapes Choice of Milk	**27** French Toast Sticks w/ Pumpkin Spice Cream Cheese Dip Bacon Syrup Warm Spiced Apples Choice of Milk	**28** Bagel w/ Cream Cheese Fresh Fruit Choice of Milk
29 Trix French Toast Minis Syrup Yogurt Pineapple Cup Choice of Milk	**30** Cheese Omelettte Bacon English Muffin Butter & Jelly Fresh Fruit Choice of Milk					

USDA is an equal opportunity provider and employer.

Menu Subject to Change Due to Prduct Availability